

Grade 2

# Social Science







This book is to be used as a resource in the teaching of  
Social Science at the Lower Primary.

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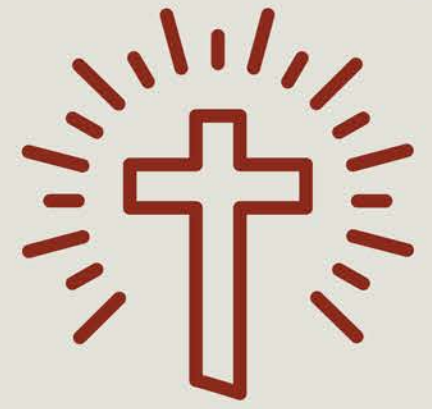


# The Godhead



The Godhead consists of The Father, Son and Holy Spirit.

The Bible tells us that through faith, individuals can become children of God. Children of God refer to Him as "Abba" or Father (Rom. 8:15).

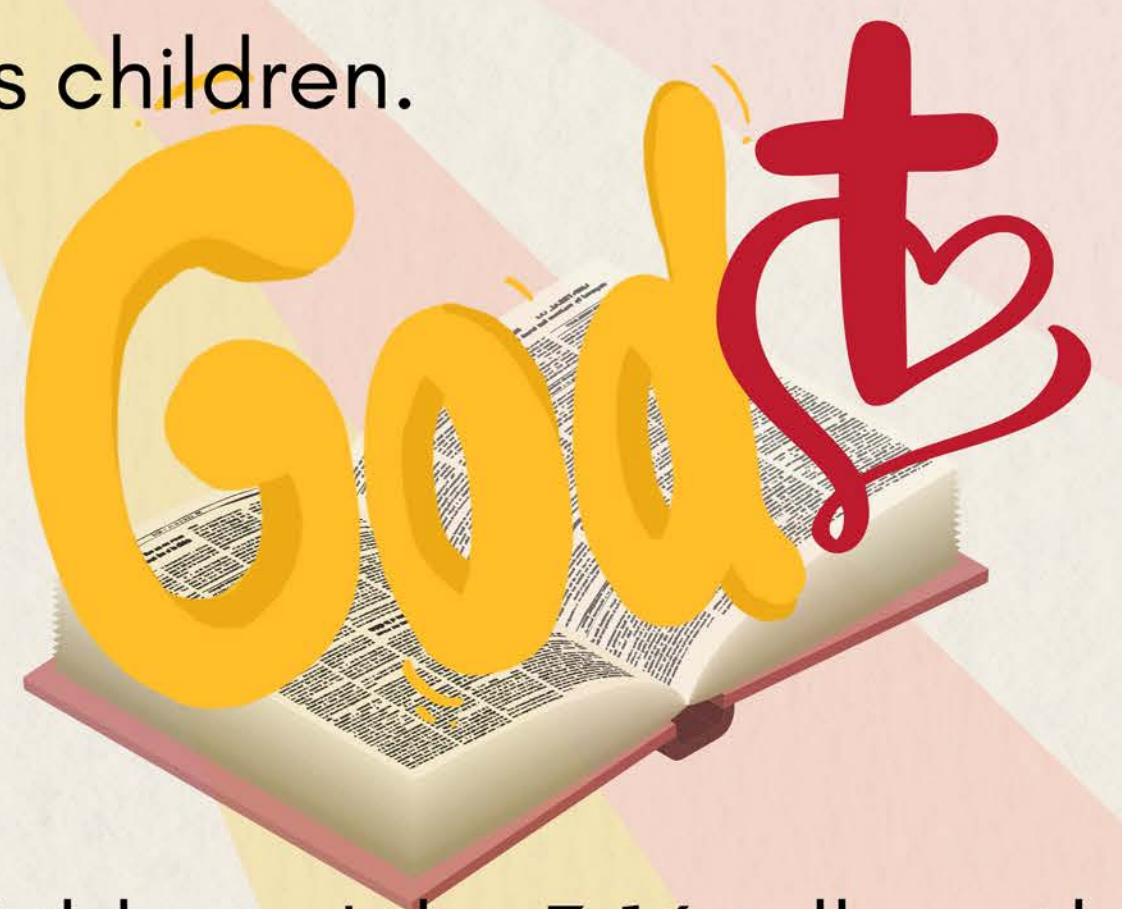


God is called Father because He cares and provides for His children.

## God, Our Father



God shows He cares for His children in many ways. He provides for their needs by giving them food, clothing, shelter, family, and friends. He protects and forgives His children.



Many scriptures tell of God's love for His children. John 3:16 tells us that God gave His only Son because He loved us. God loves us as His children, whether we do bad or good (Matthew 5:45). God loves us so much that He calls us His children (1 John 3:1). God loves us even when our earthly parents neglect us (Psalm 27:10).

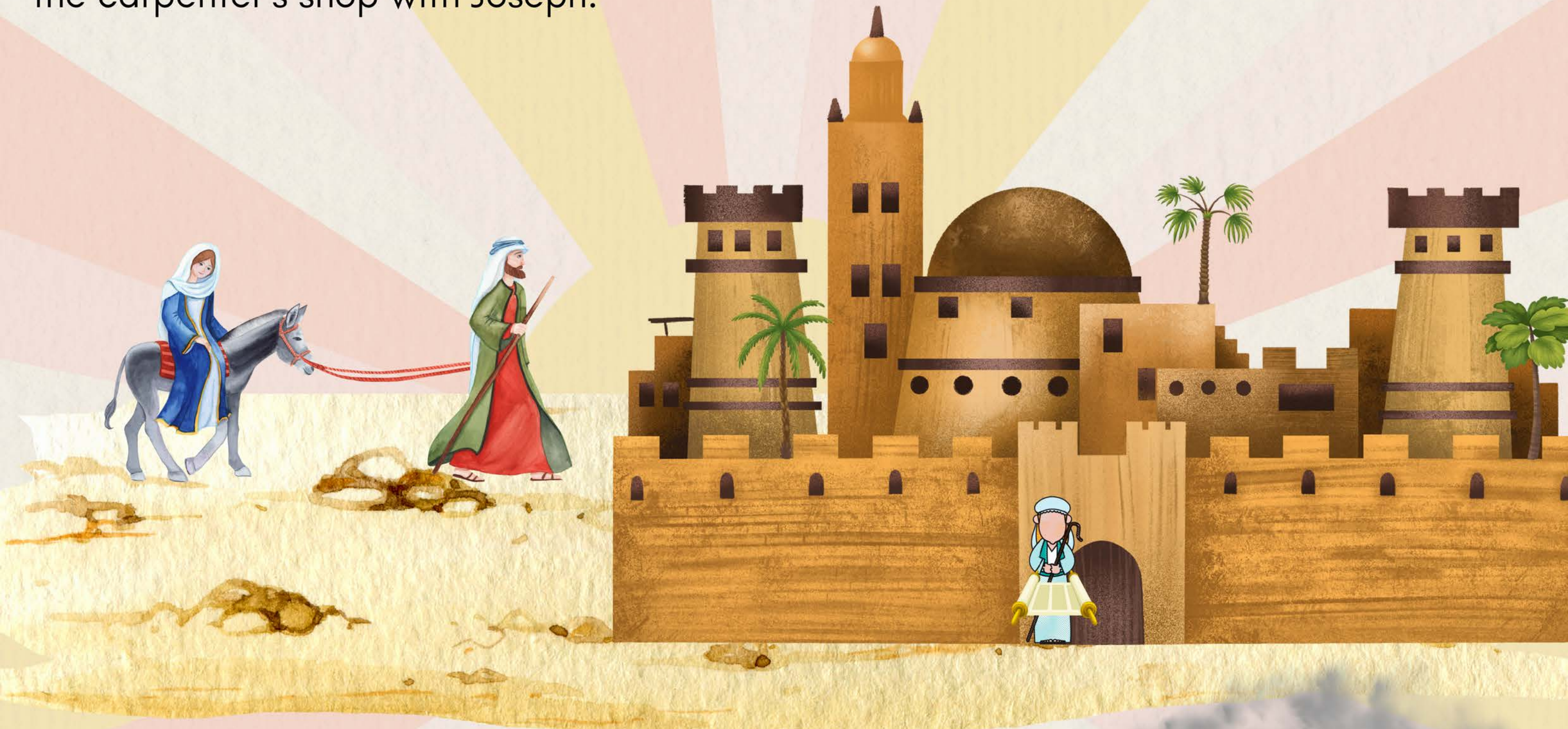


## Jesus Christ, the Son of God.

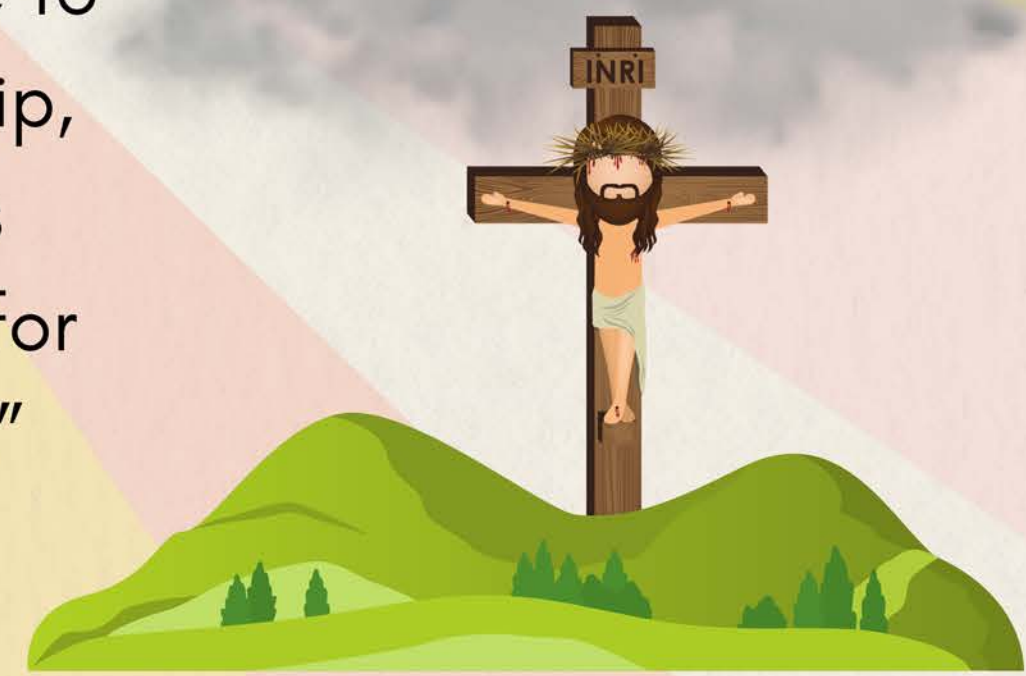
Christians believe that Jesus Christ is the Son of God. When Jesus was baptized by John the Baptist, God spoke from heaven and said that Jesus was His beloved Son (Matt. 3:17). John 3:16 tells us that Jesus was God's begotten Son.



Jesus Christ is the Son of God who came to Earth as a baby. He grew up as a child in Nazareth. His earthly parents were Mary and Joseph. As a male child, Jesus had to study the laws of Moses and was trained in the synagogue. He may have worked in the carpenter's shop with Joseph.



As Christians, we should be grateful that Jesus Christ came to earth to die for our sins. We should express thanks in worship, prayer, and singing. We can give Him thanks by obeying His commands. Psalm 107:21 states, "They must thank the Lord for His constant love, for the wonderful things He did for them."



## The Holy Spirit

God sent the Holy Spirit to be with all Christians. Before Jesus left the earth, He prayed to God to send the Holy Spirit to be with us forever (John 14:16). The Bible tells us that the Holy Spirit is a teacher (John 14:26). He teaches us right from wrong and helps us to do the right things.



Christians can thank God for sending us the Holy Spirit in our words and actions. We can sing songs inviting the Holy Spirit to be with us. We can express thanks to the Holy Spirit in prayer. We can show gratitude by listening to the Holy Spirit and doing what is right.







# Taking Care of the Environment

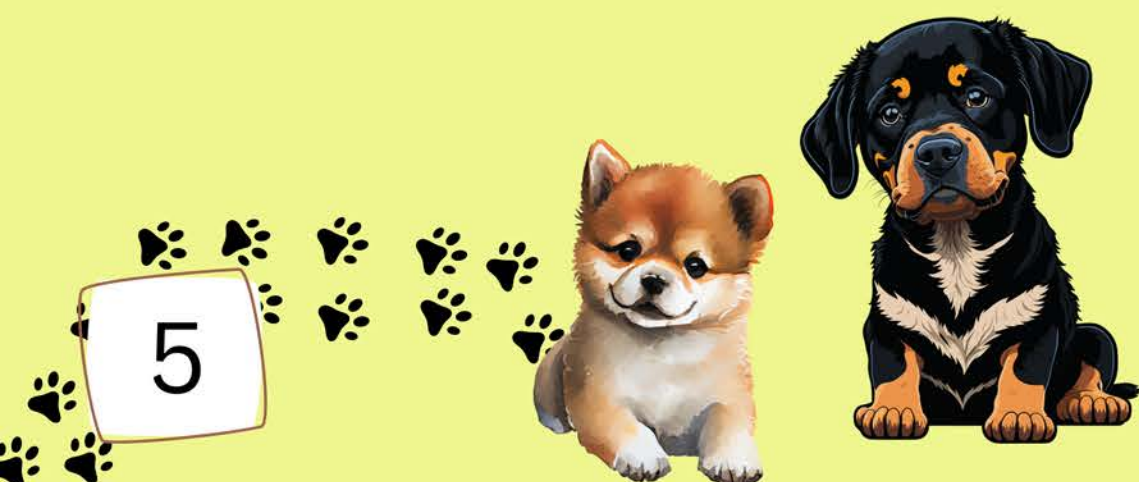


God created the world in a powerful way. He created the world by speaking everything into existence. He did not use any materials we can see to make the world.



The things God created are different from man-made things. Some things God created are human beings, animals, plants, sky, sea, land, sunlight, and the moon.

Man uses natural products to make other things like buildings, books, clothing, technology, light bulbs, airplanes, rockets, and cars.







It is very important for human beings to take care of the earth God created. Planet earth is the home of billions of people and many animals and plants. We must take care of the earth so everyone can enjoy living here now and in the future.

When God created Adam and Eve, He placed them in the Garden of Eden. They were responsible for taking care of the animals and plants in their environment. Adam and Eve took good care of God's garden.



The environment is made up of plants, animals, and people that live and co-exist together. The environment provides water, air, sunshine, trees, and plants that people need to live. Clean water is important for drinking, bathing, and performing daily chores. Air is essential for life and good health.



These are called natural resources because they are found in nature.



Animals provide various sources of food, clothing, shelter, and companionship. Trees and plants provide food, building materials to make homes, and shade for people and animals. Trees also make oxygen that people need to breathe.





We can also do our part in caring for the plants and animals in their environment. We can make sure plants have water, sunlight, and air to grow; place plants in good soil; keep the grass clean and litter free; protect plants from harmful insects; and ensure that animals have enough food and water.



The actions of humans can affect the places where plants and animals live. Sometimes, our actions can destroy some habitats. For example, throwing litter on the ground is a form of pollution.



Another way we harm the earth is by wasting natural resources. When we waste natural resources, we must get more from the environment, which costs money and uses them up. This can cause us to soon run out of them. Resources, such as groundwater, can be depleted.

Because The Bahamas has no rivers, most of the water for our homes comes from the ground. Salt water can be changed into fresh, usable water, but it is very expensive to do so. In The Bahamas, the usable fresh water sits on top of the salt water in the ground. If we waste water, we will use up all of our fresh water supply. Wasting natural resources is not good for the environment.





Everything God created on the earth was very good. Everything God made was beautiful and important for the earth to continue. Everything God made had a function or job. Therefore, we must do our part in taking care of the earth.



Ways to keep the environment clean:

- Do not throw trash or garbage on the ground, in the sea, lakes or ponds.
- Pick up trash and put them in a trash can.
- Walk or ride a bike sometimes instead of riding in a car.
- Follow school rules that help everyone to stay healthy.
- Say no to choices that are against the law.







# Fearfully and Wonderfully Made

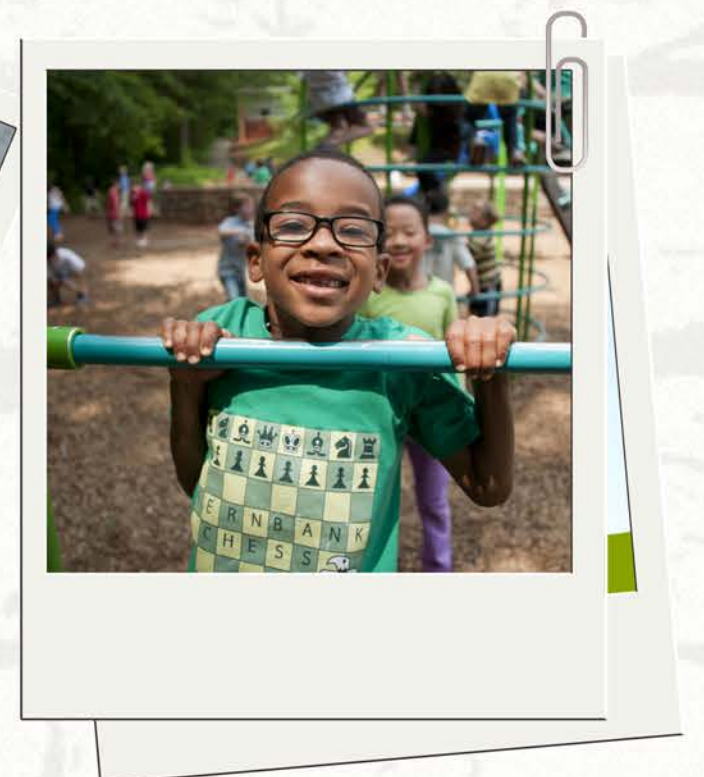


Human beings are the greatest of all animals. Like animals, people can see, feel, eat, move, and have babies. But God made people in special ways. They can know right from wrong, think, make decisions, make things, talk to others and talk to God, and worship God.

Even though we are all people, each person is different and special.



These differences include things like how we look, our skin colour, eyes, hair, and how tall we are. We also have different voices.

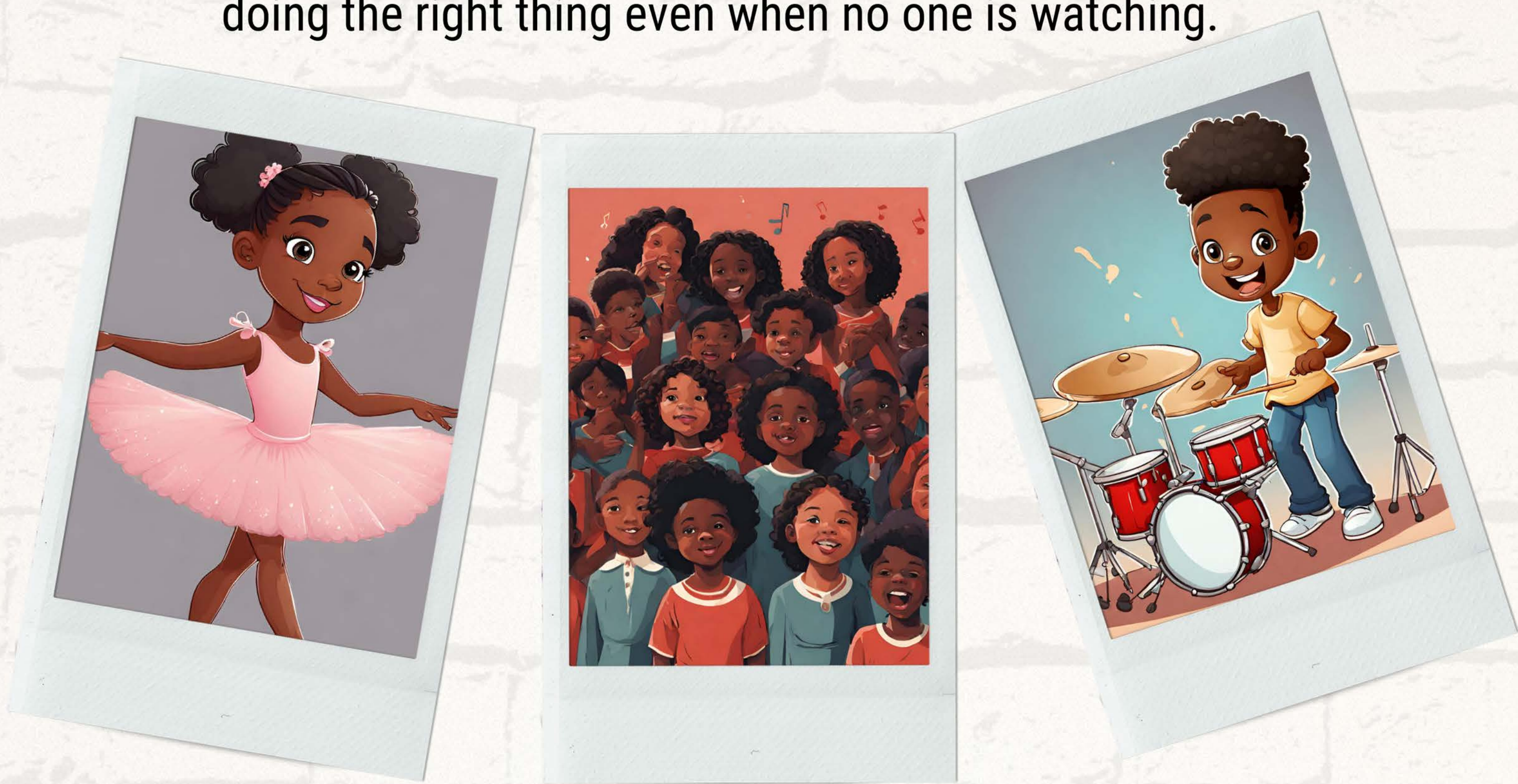


There are other things that make us special, like how we think, how we behave, how we live and the different types of families from which we come. It is important to treat everyone with kindness and respect, no matter how different they are.





A person's character and values reflect how that person thinks, feels, and acts. Some positive character traits include caring for others, being cooperative and showing kindness. Some negative character traits include being selfish, mean and unkind. Having good character means doing the right thing even when no one is watching.



We also have special talents and gifts that make us unique. These talents can be things we are good at naturally or things we learn to do. We can find our talents by trying different things and having help from our parents and teachers who know us well.



The Bible shows examples of people with special talents. David was good at playing music and taking care of sheep. Aaron was good at talking and leading. We should be grateful for our special qualities and remember that they come from God.





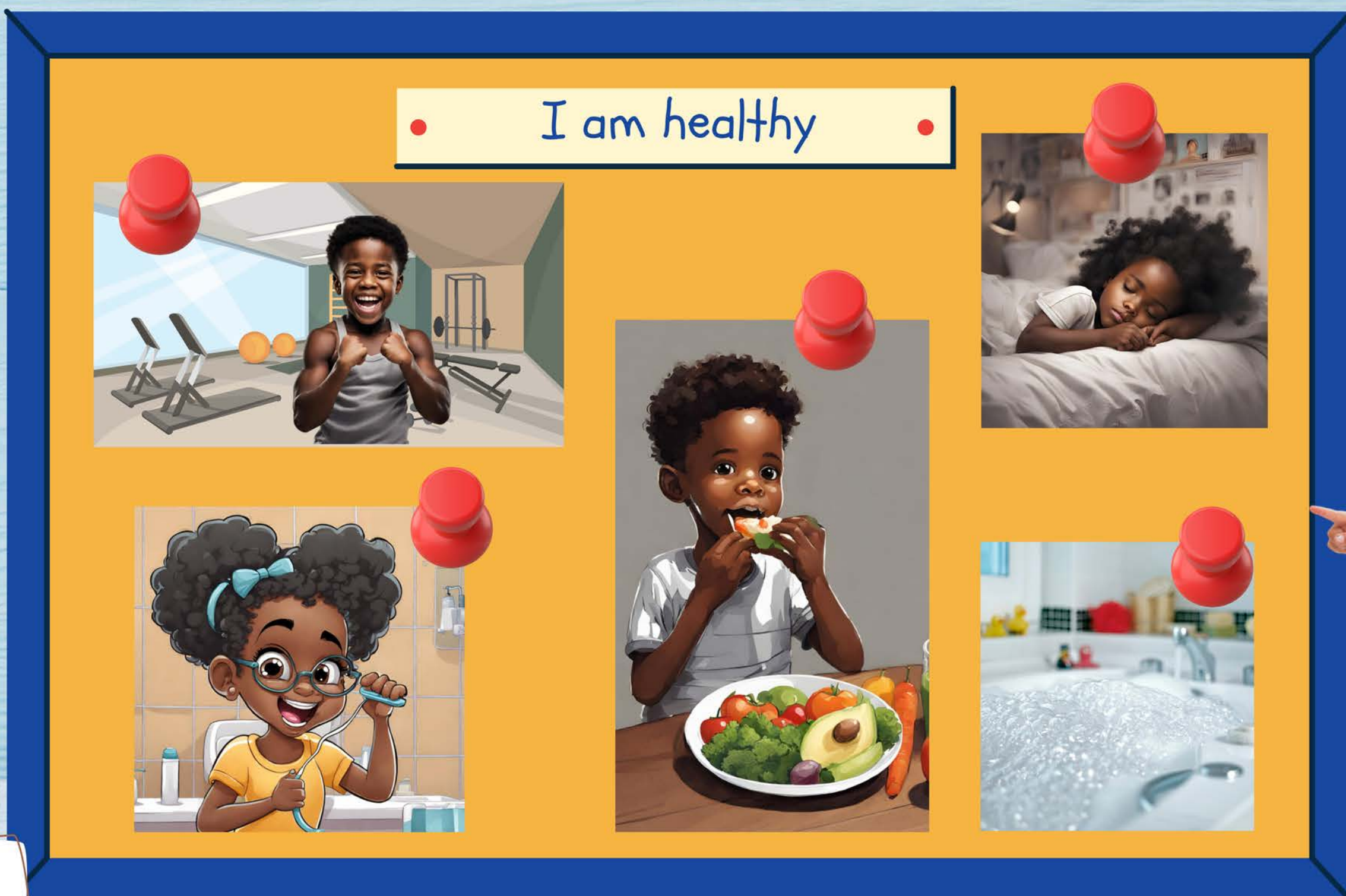


# Taking Care of Me

Our bodies were made by God, and we should take care of them. We need to take care of our bodies so we can be healthy and feel good. There are many ways to keep our bodies healthy.



We should take daily baths and wash our hands before we eat and throughout the day to avoid the spread of germs. Our teeth should be brushed after every meal and before bedtime to avoid cavities and bad breath. It is important to exercise, play, rest, sleep and keep our surroundings clean. We also need to eat healthy foods.





Some foods are not good for our bodies. These foods have a lot of sugar, fat, and salt. Foods like soft drinks, candies, cakes, cookies, and chips are not healthy. Foods cooked with oils are also not good for us.



Eating too much sugar, fat, or salt can make us sick. It can cause stomach aches or headaches and lead to problems like obesity, diabetes, and high blood pressure.

When we choose what to eat, we should not only choose foods that taste good, but foods that are healthy for our bodies. We should pick foods that are low in sugar, fat, and salt.

Taking care of our bodies is important. Food should give us energy and build our muscles so that we can do our schoolwork and play. When we look good and feel well, we have confidence. Taking care of ourselves is a good thing!

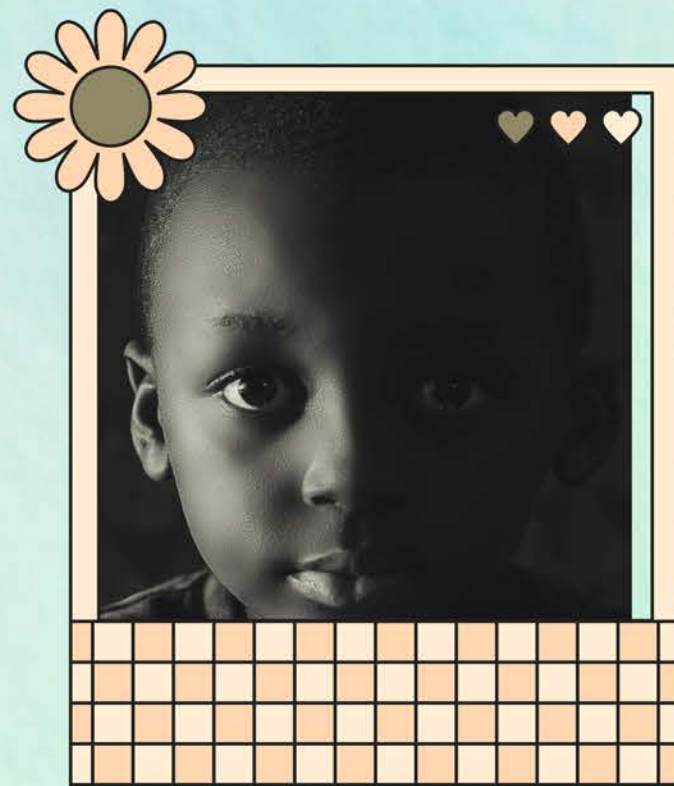




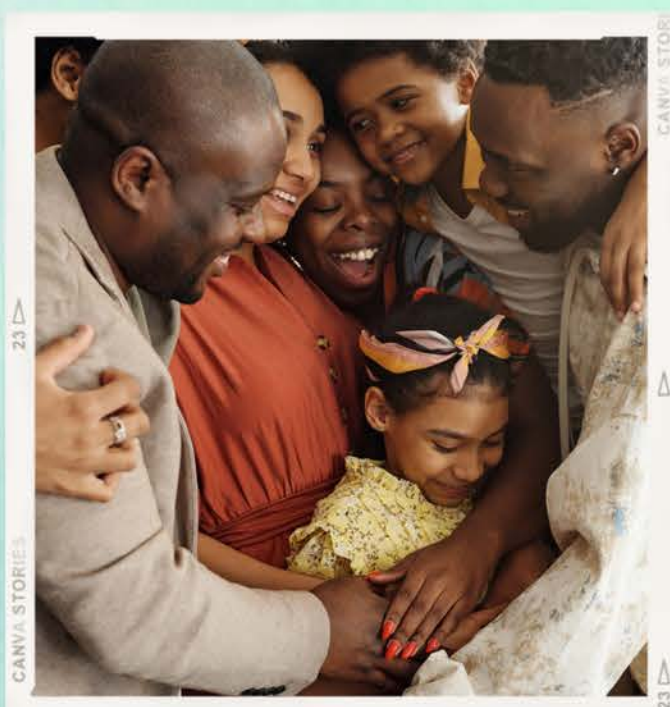


# My Body Is Special

Your body is very special and valuable. You must do all you can to take care of your body. Having self-respect is a way to care for your body.



You must also understand your emotions and feelings.



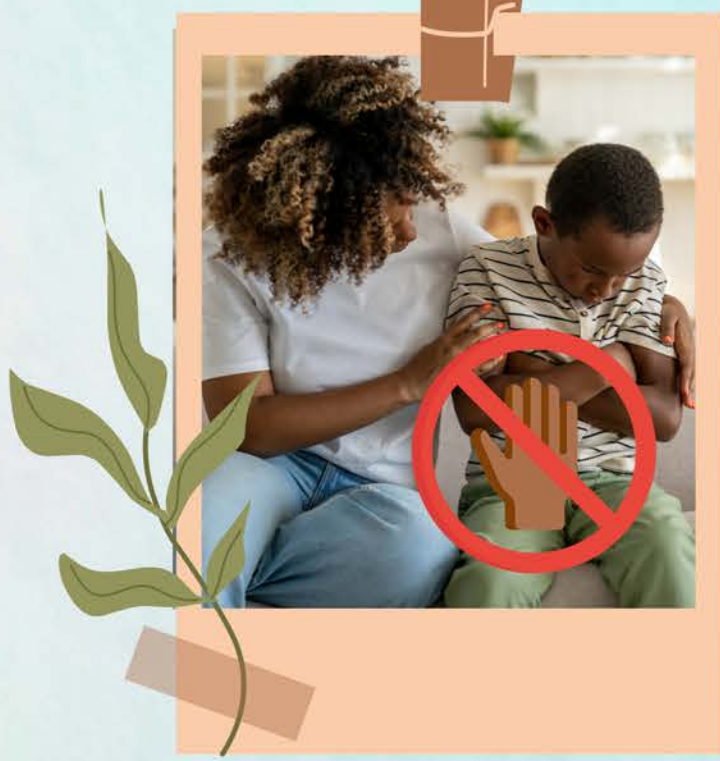
**We feel happy when a parent or grandparent gives us a warm hug.**



**We feel happy when a teacher gives us a high five.**

The bodies of males and females are different. They have different reproductive organs. Women can have babies and breastfeed their young. Some touches are good and make us feel happy or bring joy.





You should never keep it a secret.

A bad touch can make us feel afraid, uncomfortable, and sad. If someone's touch makes you feel uncomfortable, tell them to stop and tell a trusted adult about it.



Children should always try to remain safe. To do this, you should not talk to or give out information to strangers.

Your feelings are important. You have a right to say no to any situation that makes you feel ashamed, embarrassed, or uneasy.

# NO!



Not every adult is trustworthy. You should be careful with your interactions with strangers and distant family members or family friends.





# Building a Healthy Body

The food drum is like a special guide that helps us know what kinds of foods to eat to keep our bodies happy. It is like a tower of building blocks, and each block is a different group of foods.



## Fruits & Vegetables

Fruits and vegetables are like the superheroes of our meals. They give us vitamins and minerals to help us grow big and strong.



## Grains

The next block is for grains like bread, rice, and pasta. They give us energy to run, jump, and play.

## Dairy

Dairy is like the best friend to our bones. Milk, cheese, and yogurt help our bones grow strong and keep our teeth healthy.







## Proteins

The fourth block is for protein. Proteins like chicken, fish, and eggs help our muscles grow and keep us strong.

## Fats and Sweets

Finally, at the very top of our pyramid, we have the smallest block, which is for fats and sweets.



These are okay in small amounts, like treats, but we should mostly focus on the other yummy and nutritious foods.



It's okay to have a little treat sometimes, but the real magic happens when we eat a variety of foods from each group. That way, our bodies get all the nutrients they need!





We should be careful about those things that can harm the body.

Medicines are helpful drugs. Only take medicine given to you by your parents or a nurse. Only take the correct amount on the label. There are also many drugs that can harm the body and make it unhealthy. These drugs include alcohol, tobacco, cigarettes, marijuana, and cocaine.



Drugs can make it hard to think clearly. They can stop your body from growing and working properly. Therefore, you should keep away from drugs.

**To build a strong body, we should feed our bodies good things and keep bad things away.**

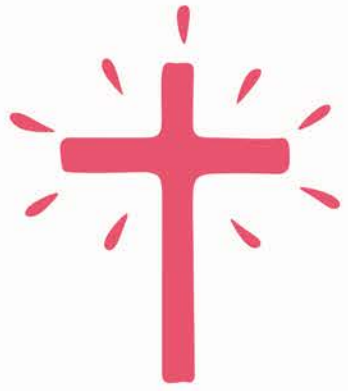
**Drinking clean water daily is very important.**







# My Body Can Move



God created human beings to worship Him. This is our main purpose or reason for being alive.



The word worship means to honour, adore, or show reverence to God. Worship can take place at home, in church, and everywhere we go. We can worship God by reading His Word, singing, and praying.



We can also use our bodies to worship God by dancing, waving our hands, and clapping.





The bones in our body, such as the leg, arm, and hipbone, help us to move.



The **skeleton's** job is to hold up the body and give it shape.

The combined bones in the human body is called the **skeleton**.

The skull is a bone that protects the brain.

The ribs protect the heart and lungs.

The backbone protects the spinal cord and helps us to stand up straight.

We can keep our bones strong and healthy by eating the right foods, such as milk, cheese, and vegetables.





Exercising every day, such as walking, running, playing, and swimming, helps to make bones stronger.



Safety is very important when exercising. It keeps us from getting hurt. Before engaging in exercises, we should warm up and stretch our muscles. After exercising, we should cool down with slow activities.



We should drink lots of water when we exercise and stop when we feel tired or in pain. We should always exercise in a safe environment.







# Let's Follow Jesus

Jesus was a friend to many while on earth. He found ways to help people. A friend is someone we know well and love. We enjoy spending time with them. Friends share special memories and are kind. Some friendships last throughout life. Friends should always respect and help each other.



As followers of Jesus, Christians should be helpful to others. Prov. 19:17 tells us to be gracious to the poor. Phil. 2:4 tells us to watch out for what is better for others. If we really love God, we will help others (1 John 3:17).

While on earth, Jesus Christ performed many miracles. He calmed a terrible storm, healed a woman who was sick for twelve years, and raised a little girl from the dead. Jesus was indeed a miracle worker. Jesus Christ showed love and kindness to many persons He met. He performed miracles to help people. He fed over five thousand people (Matt. 14:13-22). He showed love and kindness when He blessed the children who came to see Him (Mark 10:13-16).

Through Jesus Christ's miracles and actions, He showed that He was loving and kind. As His children, Christians must be kind and loving too. We can do this in many ways, including the following:

- Sharing our lunch with others;
- Giving clothes and food to the poor; and
- Spending time with friends and family.



One day Jesus told the story of the Good Samaritan to teach us about being good neighbors. The Samaritan helped a wounded man who had been attacked by robbers. Jesus said that we must go and help others too.

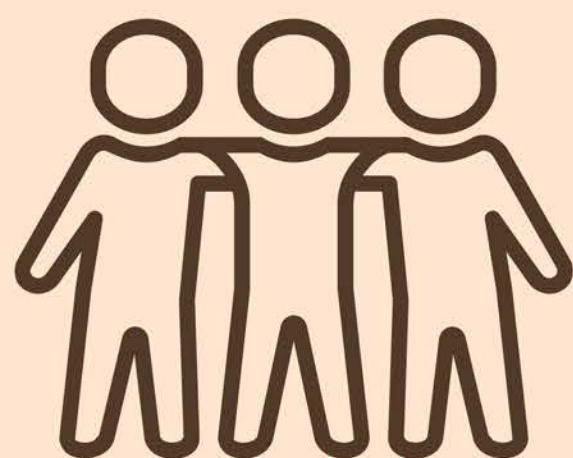


There are many ways in which children can be helpful to people who are in need. They can use their time, talents, and money to help others in the following ways:

- ✓ Raise funds for a home for children or the elderly.



- ✓ Become a part of a service organization like the Red Cross.



- ✓ Make cards, send notes or draw pictures to cheer up someone who is sick or sad.



- ✓ Donate clothes, food, or toys.



Sometimes friends or classmates may disagree or get into arguments. Conflicts can be prevented by:

1. Talking over the problem
2. Walking away or apologizing for any wrong doing
3. Giving a positive response to smooth over the conflict.





# Leaders in My Community

A community is a place where people live, work and play together.



We all belong to communities. Communities have members, and they all play different roles in the community.

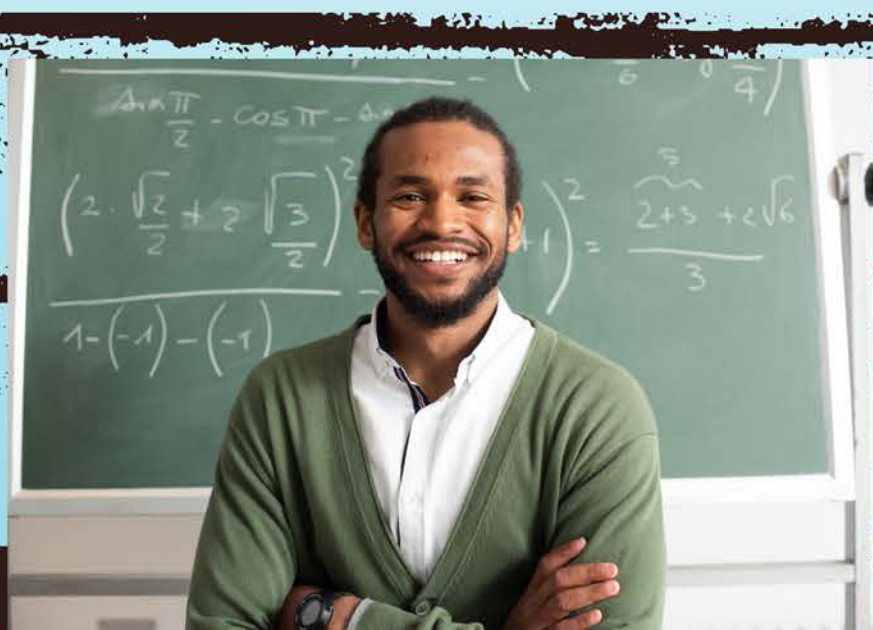


The Hon. Glenys Margaret E. Hanna-Martin  
Minister of Education and Technical  
and Vocational Training  
Member of Parliament (PLP), Englerston  
New Providence

A leader is a person who takes charge or guides others. The leaders of the community see to the needs of all members and set the rules that they should follow. Where I live, the leader of my community is my Member of Parliament.

Do you know who your Member of Parliament is?

Some other community helpers are nurses, doctors, sanitation workers and teachers. There are also police officers and firefighters, who protect us on land, and defence force officers, who protect us at sea. These individuals help the community to work smoothly and keep all members safe.







The Hon. Philip Edward Davis, K.C.,  
Prime Minister and Minister of Finance



Her Excellency Cynthia Mother Pratt,  
Governor General

A government is made up of a group of people who were chosen by the community to make important decisions that help make a community better. Two important government leaders are the Governor General and the Prime Minister . They are also nation builders.



Sir Lynden O. Pindling  
The first Prime Minister

Nation builders often do things to make our community better. Sir Lynden O. Pindling, the first Prime Minister and Sir Milo B. Butler, the first Bahamian Governor General are nation builders who fought to make The Bahamas a better place for all Bahamians.



Sir Milo B. Butler  
First Bahamian Governor General

Other nation builders have helped to improve our education system. Our schools are named after some of them. Is your school named after a nation builder?

Do you know the current Governor General and Prime Minister?





# Celebrating Easter

**Holy Week** is the week between Palm Sunday and Easter. This is the time to remember Jesus' death, burial and resurrection.

- ✝ **Palm Sunday:** Jesus Christ entered Jerusalem.
- ✝ **Holy Monday:** Jesus was anointed at Bethany.
- ✝ **Holy Tuesday:** Jesus predicted His own death.
- ✝ **Holy Wednesday:** Judas arranged the betrayal of Jesus.
- ✝ **Holy Thursday:** Jesus and His disciples ate the Last Supper.
- ✝ **Good Friday:** Jesus was crucified.
- ✝ **Holy Saturday:** Jesus lay in the tomb awaiting His resurrection.
- ✝ **Easter Sunday:** Jesus was resurrected.

He  
is  
Risen



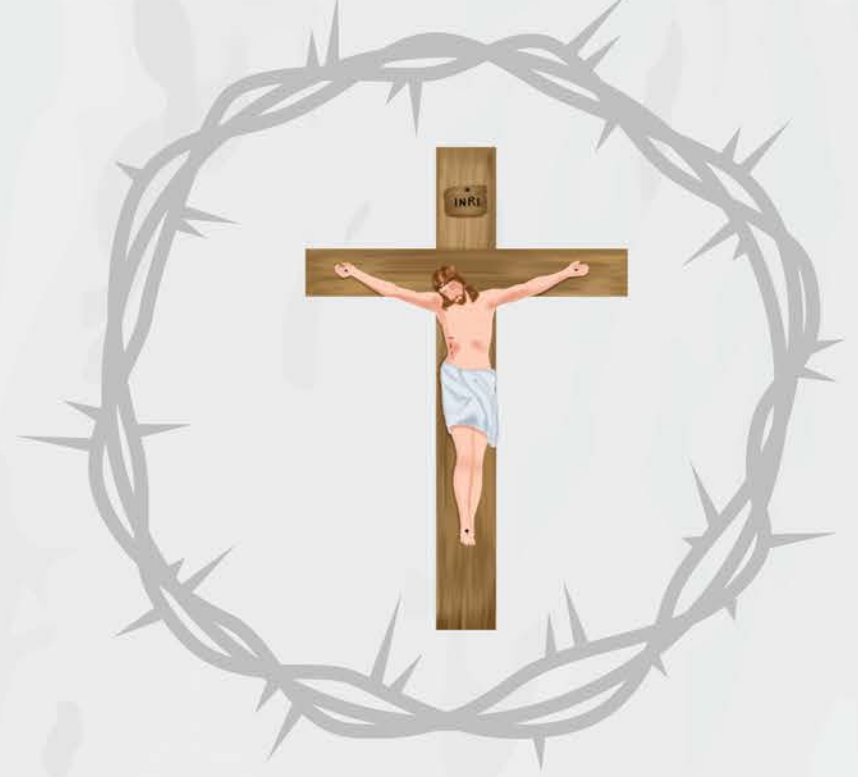
Christian churches celebrate events of Holy Week in special ways. On **Palm Sunday**, some churches have a special service and a parade. On **Holy Thursday**, churches observe the Lord's Supper or Communion and the washing of the saints' feet. On **Friday**, a special service is held to honor Jesus' death. Jesus Christ died on the cross for mankind so that those who believe in Him could have everlasting life. By dying on the cross, He took the punishment for all our sins.



# Easter Symbols



**Palms - Victory and peace**



**Cross - Crucifixion of Jesus Christ**

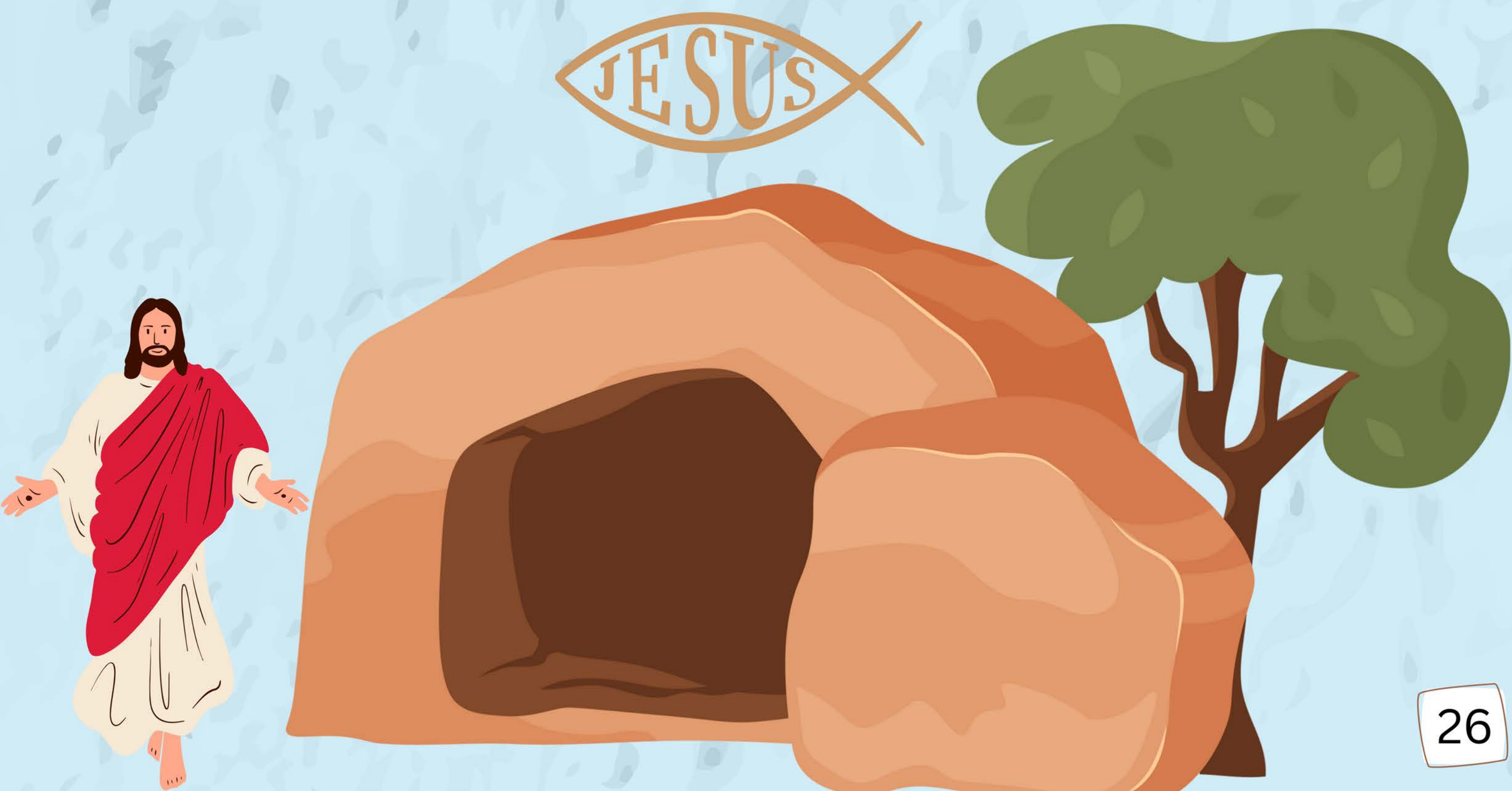


**Lamb - Jesus Himself as the ultimate sacrifice**



**Fish - Disciples were "fishers of men."**

Christians celebrate Easter to remember Jesus Christ's resurrection from the dead. Easter is a very joyous festival. Three days after Jesus Christ's death, He arose from the dead. There was an earthquake, and the angel rolled the stone away from the tomb. When Mary and some friends visited the tomb to anoint Jesus, the angel told them that Jesus had risen. He told them to share the good news with Peter and the other disciples.







# It's a Bahamian Thing

**The Bahamas** is the country we live in. As an independent country, we have our own identity.

# 242



Our **National Symbols** tell the world that we are a special people called Bahamians.



The Coat of Arms and the flag are visual signs of our nationality.

The colors and symbols have special meanings. It tells people from other countries about us.

Our flag is unique. The colours and symbols have special meanings. The **black** represents the strength of the people. The **gold** represents the sun. The **aquamarine** represents the beautiful water.



The national fish is the Blue Marlin.

When we stand at attention, during the singing of the national anthem, we display pride in our country.

Our national anthem, pledge of allegiance, and our motto tell the world that we are proud to be Bahamians. When we repeat them, we make a promise to be loyal to our country.



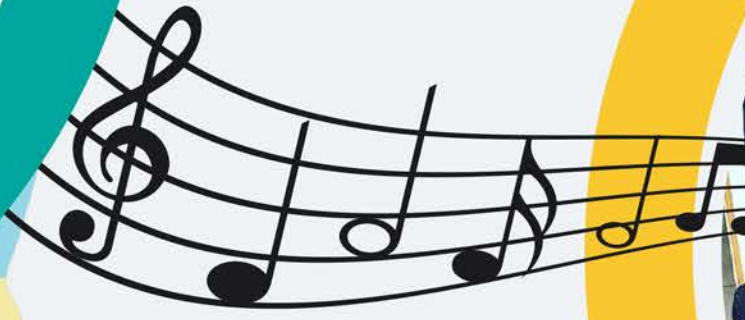
The national tree is the Lignum Vitae, and the national flower is the Yellow Elder. These tell the world about native plant and animal life found in our great country.



The national bird is the Flamingo.



Culture is also what makes us different from other people in the world. Our culture is seen in how we speak, act, play and eat.



We express our culture and heritage through ring plays and rhymes that we sing and dance to.

We also share folktales, which are stories passed down from older family members to younger family members over the years. They usually teach a lesson or tell a tale.



It is important to pass on songs and stories of our culture. This helps to preserve our culture and to give us an identity by promoting our natural ideas.

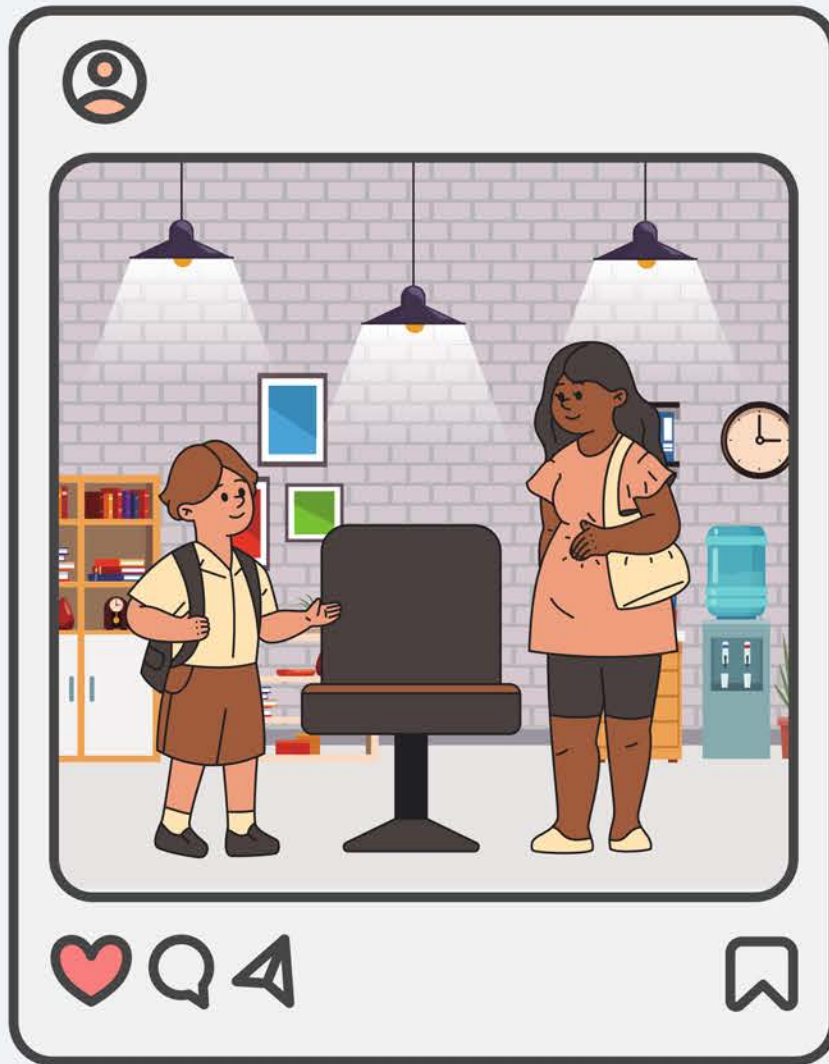
If we are proud of our country, we can do our part by keeping our environment clean. Pride is caring for our country and respecting our national symbols.







# Respecting Others and Self



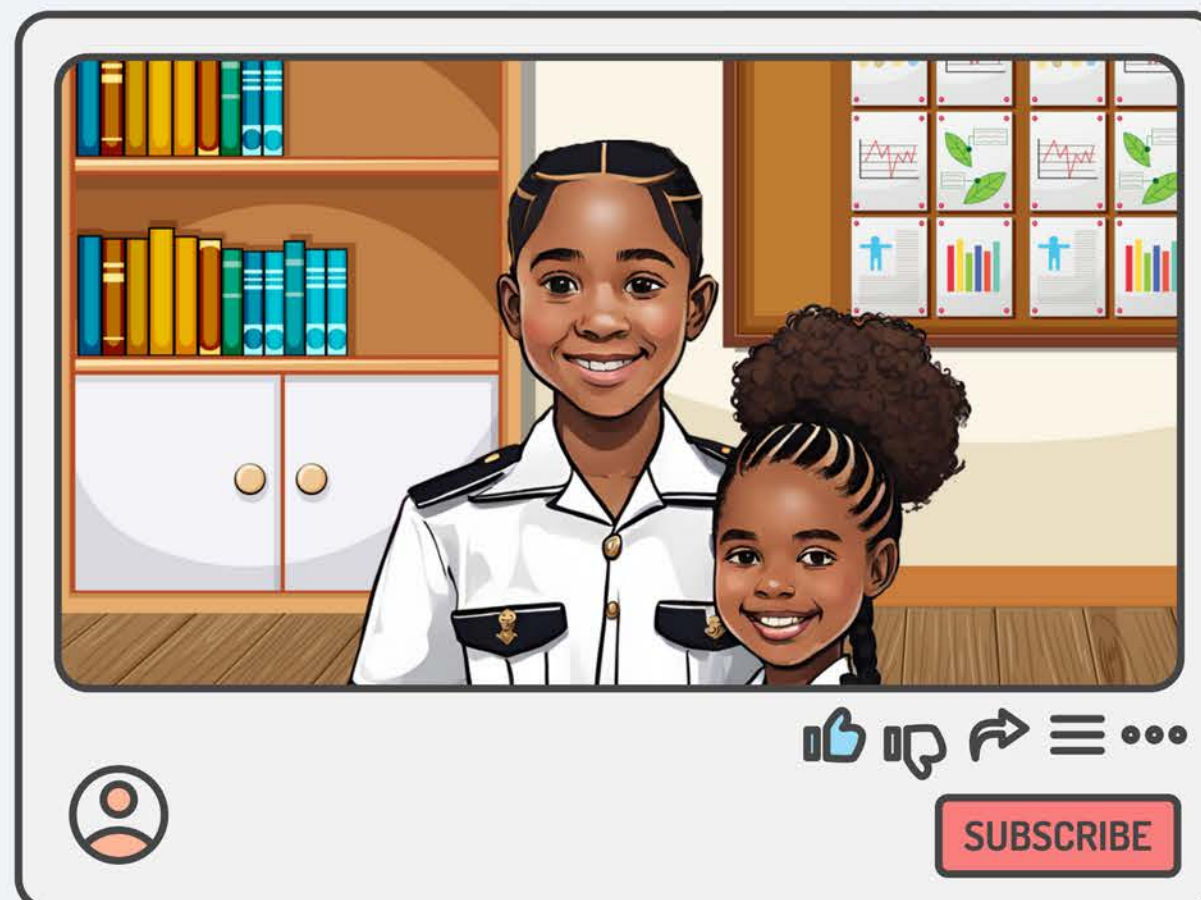
Respect means to be concerned for or to value something or someone. To show respect is the demonstrated action of how much you care for or value something or someone. In a previous lesson, you learned about valuing and respecting the differences in others.

**RESPECT**

**RESPECT**

To respect yourself means:  
You pay attention to how you dress, feel, and what you do.

Having self-respect means that you value your uniqueness and appreciate how special you are.



It also means you understand that others are special, and they deserve to feel happy about themselves the same as you do. As you give respect to yourself, the respect of others should be returned to you.



God created the world and in it are plants and animals. The highest classification of life are human beings. God gave man the responsibility to protect all the other life forms on earth. Mankind has a higher level of thinking than any other living thing. Respect is an important part of caring for something or someone.

**RESPECT**



Children have Rights

Children have rights (Geneva Convention on Human Rights).

Children should feel safe in their environments, and their basic needs for food, clothing, clean air, water, and shelter should be provided.





# Bahamian History



Christopher Columbus was an explorer. He traveled from Europe and arrived in The Bahamas on three ships: the Nina, the Pinta, and the Santa Maria. He received help from the king and queen of Spain for his journey.



Christopher Columbus was in search of a shorter route to obtain spices, silk, gold, and other treasures from the East. He prepared to sail to India but ended up in The Bahamas, where he met the Lucayans.

The Lucayans were the early settlers of The Bahamas. They were peaceful. They came from other Caribbean islands to escape the cruel Carib warriors. They wore special clothing and had a unique look. They built huts to live in. The Lucayans fished, hunted, and farmed as a way of life.



The leader of the group was called a **Cacique** or **Chief**.





## Let's Get Ready to Travel

**Transportation** is how we move people and things from one place to another. There are many forms of transportation used today on land. These include walking, cars, buses, trucks, tractors, and even surrey rides. Our choice of transportation depends on what we are doing or moving.

A tourist might prefer to see The Bahamas on a surrey ride (horse and carriage). However, a merchant might prefer to move supplies around on a truck.



You may walk to school because you live near it. Other boys and girls might catch a jitney or get a ride with their parents or guardians because they live further away.

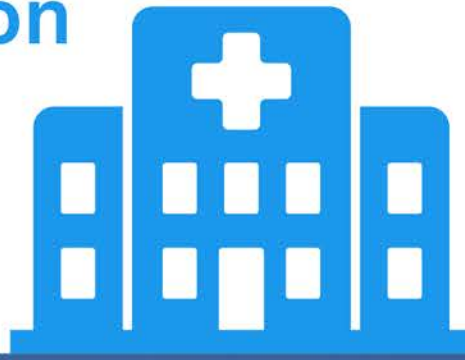
The Bahamas has many islands, so we move from one island to another using boats or planes. Our mailboats carry letters, packages, and supplies (called freight) from one island to another. Planes and passenger boats, like Bahamas Air and Sea Link, carry people from one island to another.





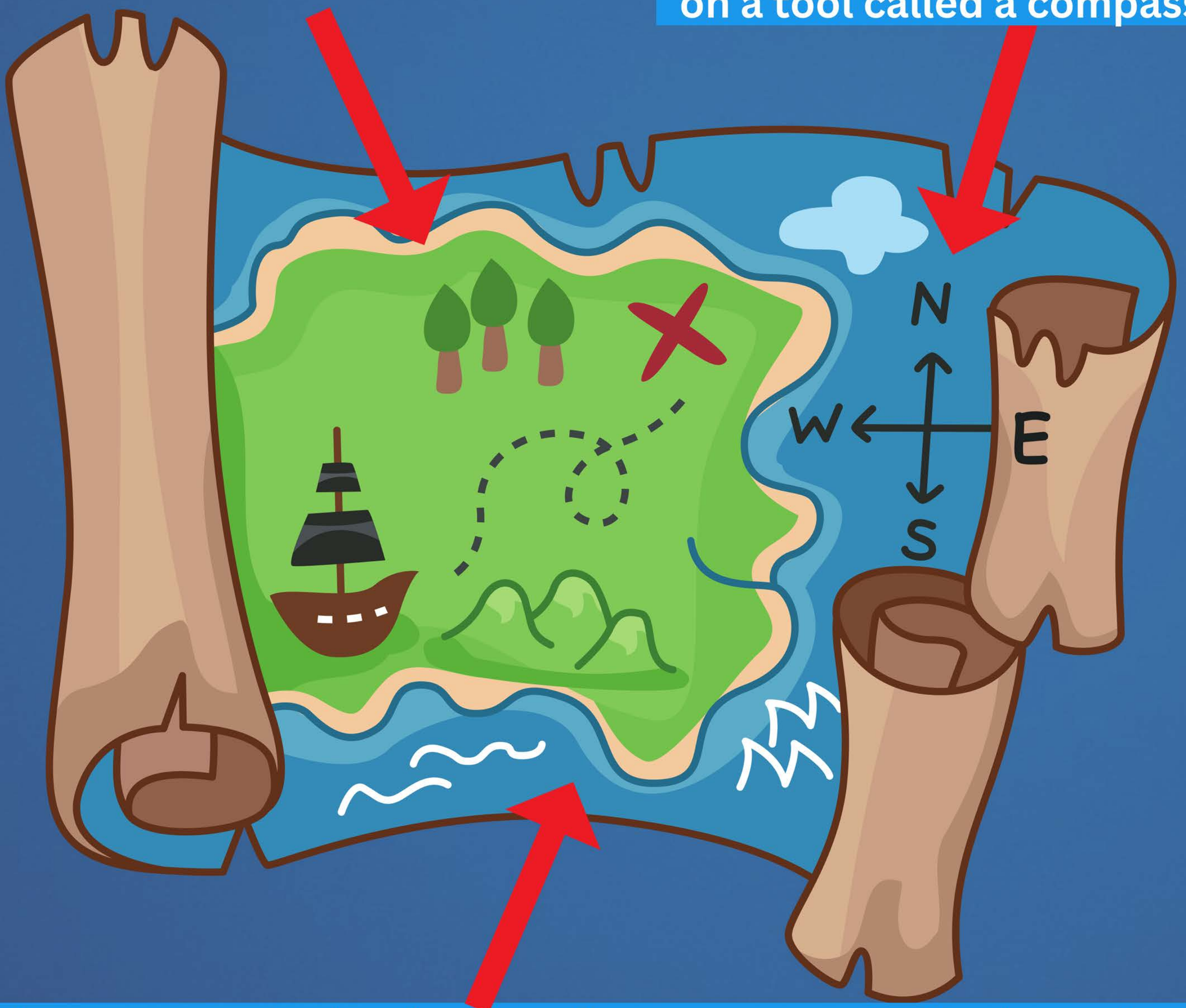


When we travel, we sometimes need a map. A map is used to show the location of a place. A map can show both land and water. Aviators can use a map to locate airports and identify the settlements on the island. Special symbols are placed on the map to help us find this information, like airports and hospitals.



The land is often shown in green or brown and shows the location of an island or country.

Maps are used to give directions. The four general directions or points are north, south, east, and west. These directions are shown on a tool called a compass.



The ocean and other bodies of water are typically shown in blue. Some maps show various shades of blue. The lighter areas are shallow waters, and the darker areas are deep water. The Tongue of the Ocean, which is a body of deep waters, can also be found in The Bahamas.





# Farming and Fishing in The Bahamas

Natural Resources are those things grown or found in our country. The Bahamas is made up of many islands. Each island has farms and is known for producing something special.



**Eleuthera** is known for growing pineapples, and **Exuma** is known for its onions. **Long Island** is known for herding sheep and goats.



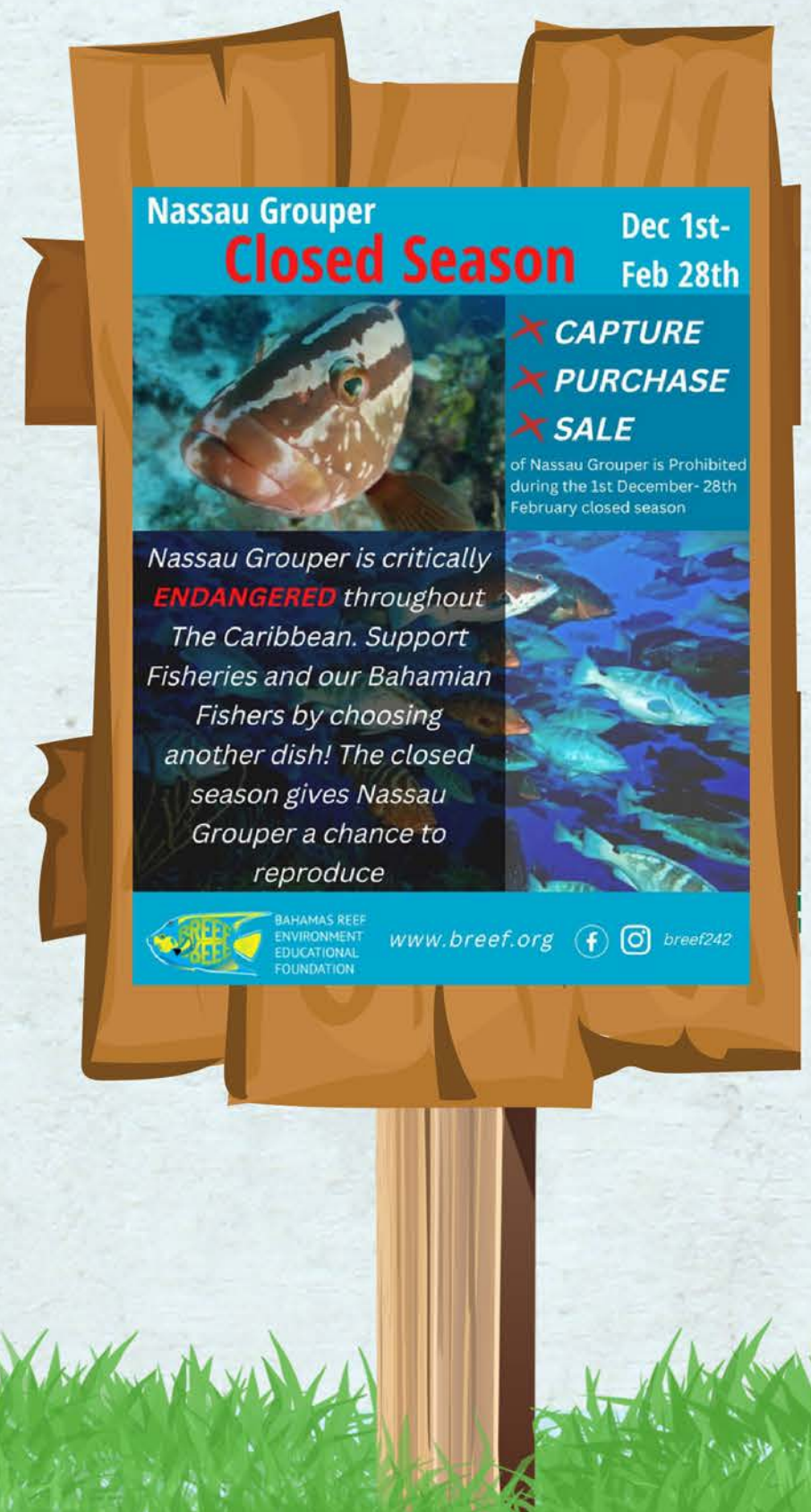
These are all natural resources grown on farms that people use and sell in the community.



Some of the other foods we eat in The Bahamas are provided by the sea. These include all kinds of fish, like grouper, conch, lobsters, and crabs. They are found in the ocean and are called seafood.



To ensure we can have these foods in the future, The Bahamas has rules to protect some of them. For example, we must not catch and eat the babies.



Fishermen are important persons in our community. They catch seafood and sell it to others.



First, fishermen load their boats with wire traps or nets to catch fish. Then, they sail to their favourite spot and drop the nets or traps. Later, they return to the spot and pull the net and traps back on the boat. The traps are filled with fish.

Then, the fisherman returns to the land to sell his catch. Farmers and fishermen who sell products for money are called vendors. Potter's Cay Dock in Nassau is one place where fishermen sell seafood.







# Rocks and Minerals

Resources are things we get from living and non-living things, such as rocks, soil, water, and air. They help us to meet our needs.



A mineral is a natural solid found in the earth. People find minerals in rocks. Copper, graphite, and diamonds are minerals.



A rock is a hard, non-living thing that is made up of one or more minerals from the Earth.



Rocks and minerals can be described according to their origin, size, shape, texture, and colour. People use rocks and minerals in different ways.

Rocks are used to build things such as houses, roads, and walls. They are also used to make sculptures.



People use minerals to make coins, countertops, pencils, and jewelry.







# Managing Our Natural Resources

Things that are used in the environment are called resources. Some resources come from nature. These are called natural resources.

In The Bahamas, we use the natural resources of the sun, sand, and sea to attract visitors from all over the world.



We use straw from the native palm trees to create beautiful baskets, hats, bags, and mats. Tourists purchase and take these home as souvenirs. A souvenir is a thing that is kept as a reminder of a person, place, or event.



The Bahamas sells sand to other countries. Sand is used to make glass.



Many Bahamians use fish and conch from the sea for food. Nature has provided us with these resources, which we use to make money and survive.



The natural environment provides valuable resources that we use to live. We build houses and make paper from trees. We use plants and animals for food and clothing. We drink water and use it to clean. We also burn fossil fuels (oil, natural gas, and coal) for heat, transportation, and electricity.



We must preserve our environment and natural resources. Preservation means to keep in good condition. If we do not preserve them, then we will lose them. The forest, trees and other natural ecosystems reduce the risk of catastrophic climate change impacts like floods and droughts which can be devastating for humans and animals alike.

Litter is an easy way to destroy our natural resources. When cans, bottles, and plastic of any form go into the ocean, they kill our coral reefs. This also causes the fish to move away.

Visitors to our country love the clean beaches and beautiful plant and animal life. Litter takes away from that beauty. It also creates a health risk in our communities. Rats, roaches, flies, and the mosquito population will increase, making it very uncomfortable.



We can do many things to help conserve natural resources and produce less waste and pollution.

- Use only the paper products really needed.
- Turn off unused lights, televisions, computers, and other appliances when they are not being used.
- Turn off water faucets while brushing your teeth and when the water is not needed.
- Close doors and windows when heat or air conditioning is on.
- Recycle paper, glass, metal, and plastic when possible.
- Put all trash in trash cans.
- Do not litter.







# Weather Around Us

Weather is what the air is like outside.

The air can be warm or cool. It can also be rainy, sunny, windy, or cloudy. Weather can change. And when it changes, we change too.



Different kinds of weather can affect what we do, the things we play, and the clothes we wear. We wear sunglasses and hats to protect us from the sun. We wear raincoats and use umbrellas to keep dry when it rains.



Weather forecasters help us know what the weather will be like. They use tools to predict and measure weather. They use a **rain gauge** to see how much rain falls. They use a **wind vane** to know which way the wind is blowing. They also use a **thermometer** to tell if it is hot or cold.

## Weather Instruments



Rain Gauge

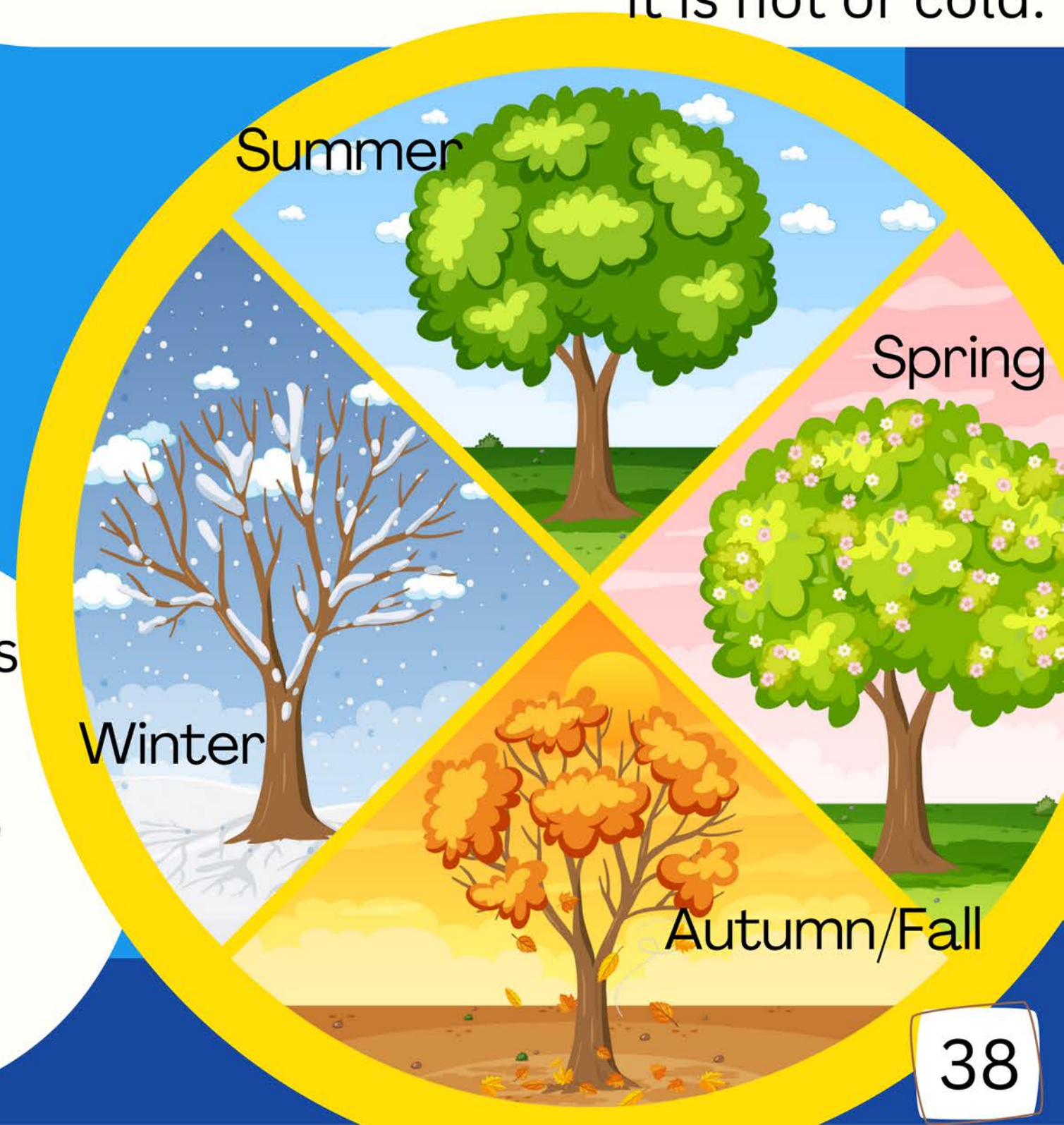


Wind Vane



Thermometer

There are four seasons in a year. Each season has different weather. The seasons are winter, spring, summer, and fall. In winter, the weather can be cold. In spring, the weather can be cool. In summer, the weather is warm. In Fall, the weather begins to cool down.



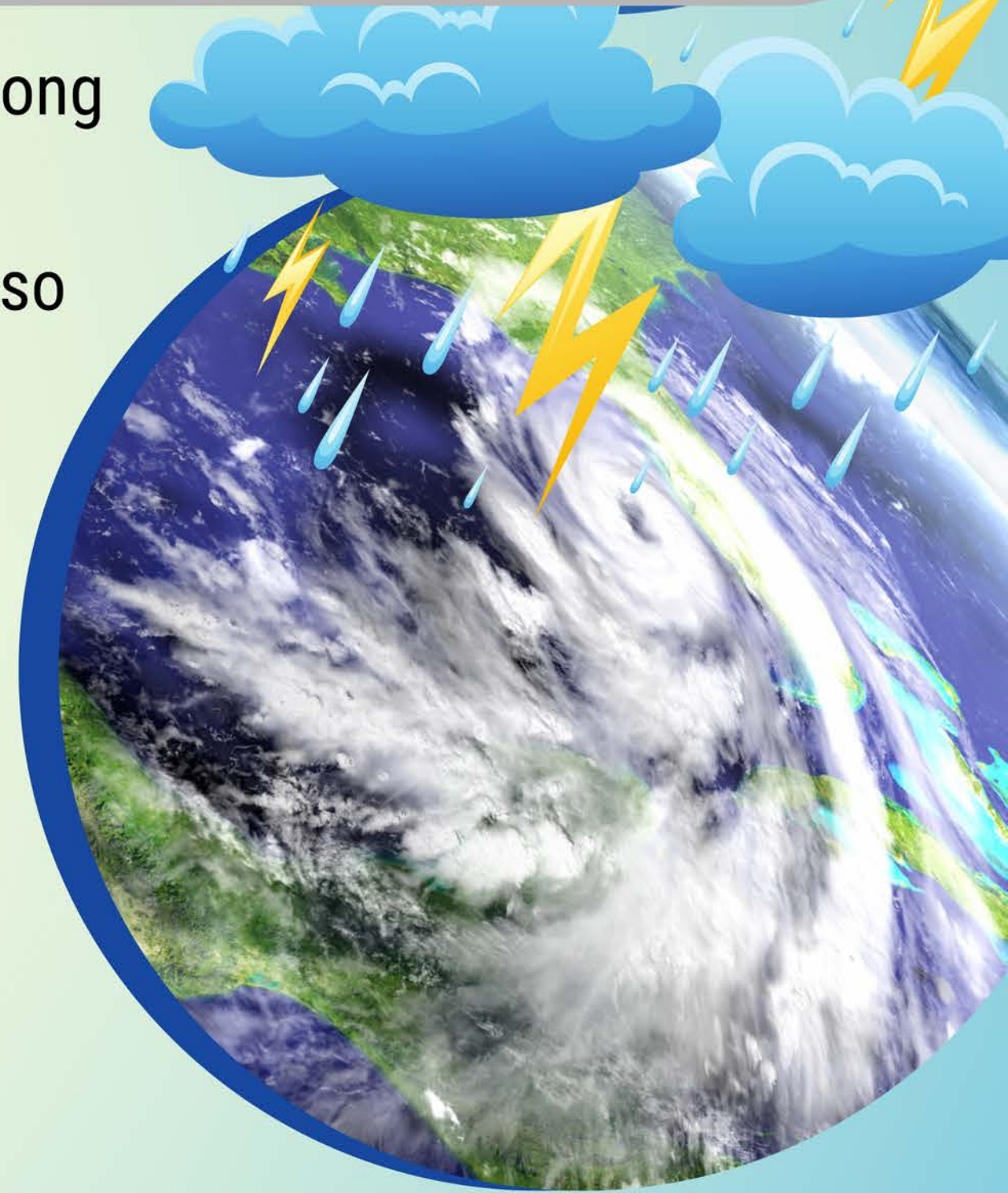




# Storms

In The Bahamas, the weather remains the same for long periods of time for most of the year.

It is usually warm and sunny. However, we many also experience some severe weather conditions.



The most severe and dangerous weather condition that threatens The Bahamas each year are **hurricanes**. A hurricane is a dangerous storm with strong winds and heavy rain. It can last for a few hours or even many days.

Hurricane winds are very strong and often destroy homes. A hurricane brings lots of rain. It may cause flooding in the community. It is important to take certain precautions and prepare for any storm. To prepare for a hurricane, we should secure canned goods and medicine. We should also secure our homes. During the hurricane, we should stay indoors and away from windows.



When there is a flood, we should stay on high ground. In lightning storms, we should stay indoors or low to the ground. In a thunderstorm, we should not stand under a tree. We should also avoid water like pools, puddles, and even bathtubs. While we don't have tornadoes much in The Bahamas, if they occur, we should stay indoors and away from windows.





# The Night Sky

God made the moon and the stars.

The moon is not like earth. It cannot support life like earth does. It has rocks and soil, but it does not have air or living things. Scientists have discovered ice on the moon, but there is no liquid water. The moon goes around the Earth in a circle.

The moon is the biggest thing you can see at night. It doesn't make its own light. It looks like it is shining because the sunlight reflects off it. The moon goes around or orbits the Earth. As the sun shines on different parts of the moon at various times, the moon looks different and has a different shape throughout the month. We call these different shapes the phases of the moon.

**New Moon phase:** The moon is between the earth and the sun. We cannot see the moon at all then.

**First-Quarter Moon:** This appears when the moon travels one-quarter of the way around the earth.

**Full Moon phase:** We can see all the moon's lighted side.

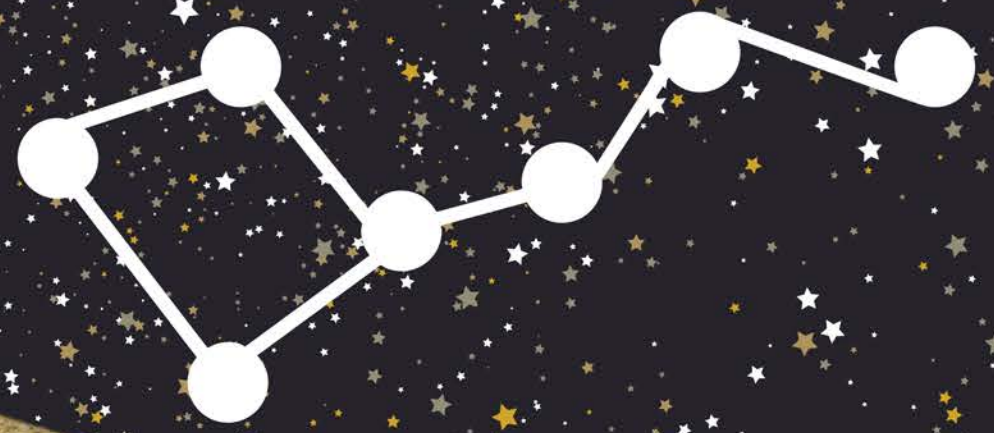
**Last-Quarter phase:** The moon has traveled three-quarters of its way around the earth.

## Moon Phases

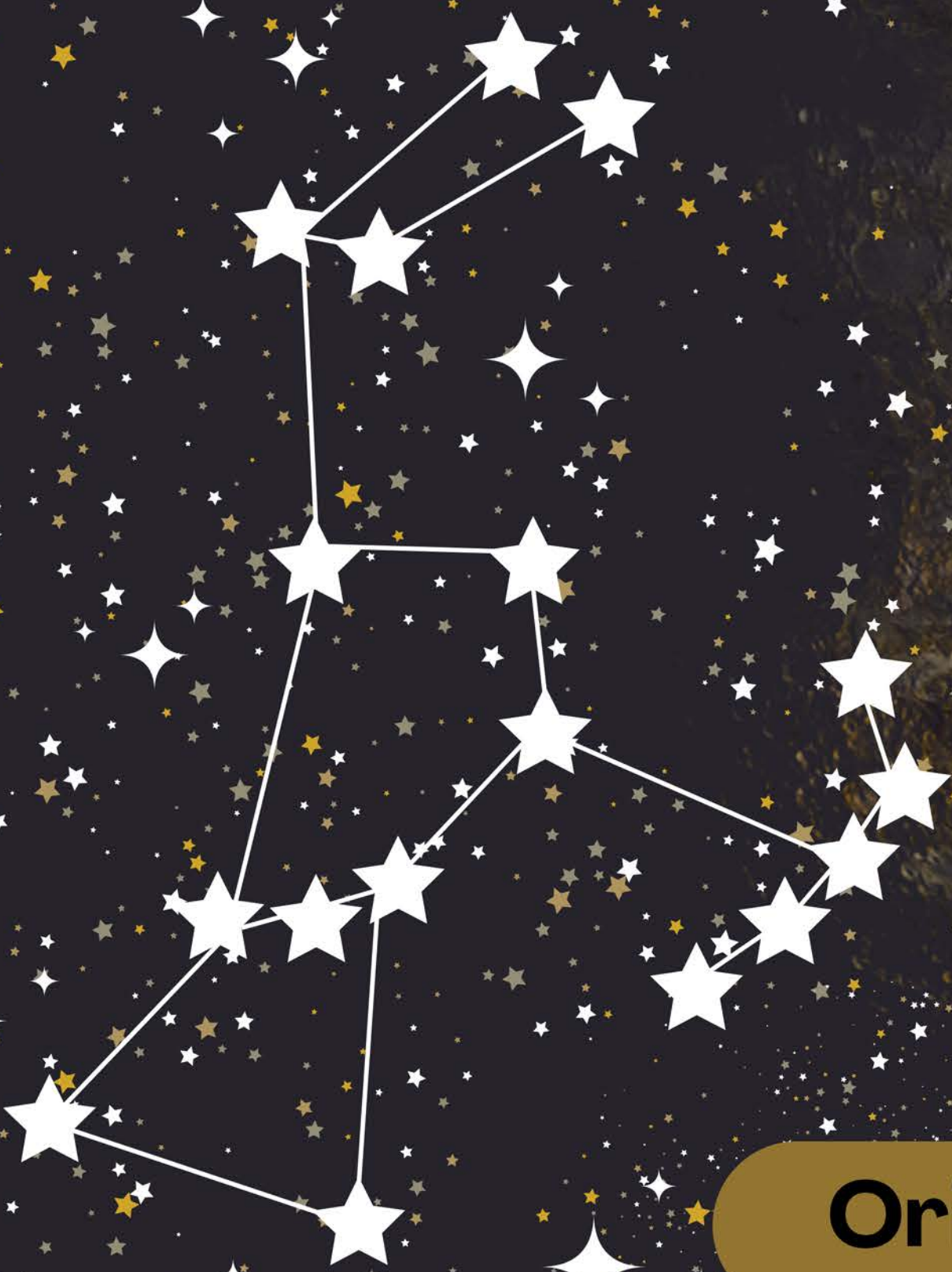




**Big Dipper**



**Little Dipper**



**Orion the Hunter**

You can see stars in the night sky. A star is a body in space. Stars give off light as the sun does. Some stars seem to form pictures in the sky.

A group of stars that form a star picture is called a constellation. Some common constellations include the Big Dipper, Little Dipper, and Orion the Hunter.





# Needs of Living Things

## Plants

Plants need light, air, and water to grow. It also needs nutrients or minerals from the soil. Each part of a plant helps the plant to get what it needs. Most plants get light from the sun. Plants get water and minerals from the soil. Plants get their energy from the sun. Sunlight help plants make food. When a plant gets what it needs, it can grow and change.



Plants and animals are living things. Living things have special needs.



## Uses of Plants:

1. Make medicines.
2. Provide wood used to build homes, schools, etc.
3. Provide animals with shelter.
4. Take carbon dioxide and produce oxygen for human and animals to breathe.



## Animals

Animals need food, air, and water to live. Animals also need a safe place to live. A shelter is a safe place to live.







# Parts of Plants and Animals

Plants and animals are living things. They all have special body parts.



**Animals** are a part of special groupings. Scientists categorize animals according to several features: their body parts, how the animals move, and the type of materials that cover their bodies.



Fish are covered with scales.  
They also have fins and tails.



Birds are covered with feathers.

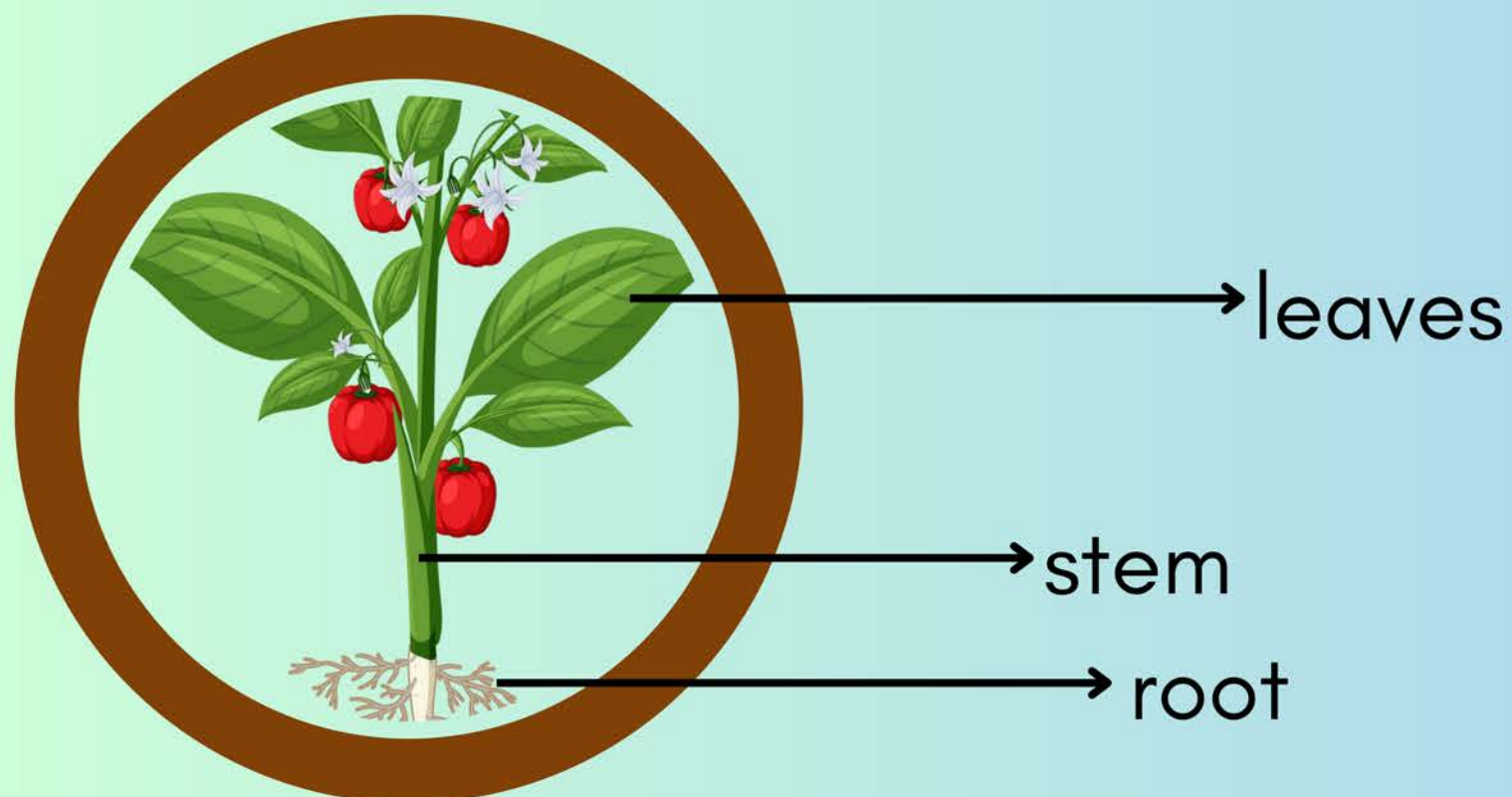


Bears have fur.



Dogs have legs and  
are covered in hair.

**Plants** also have different parts. Most plants have roots, stems, and leaves.



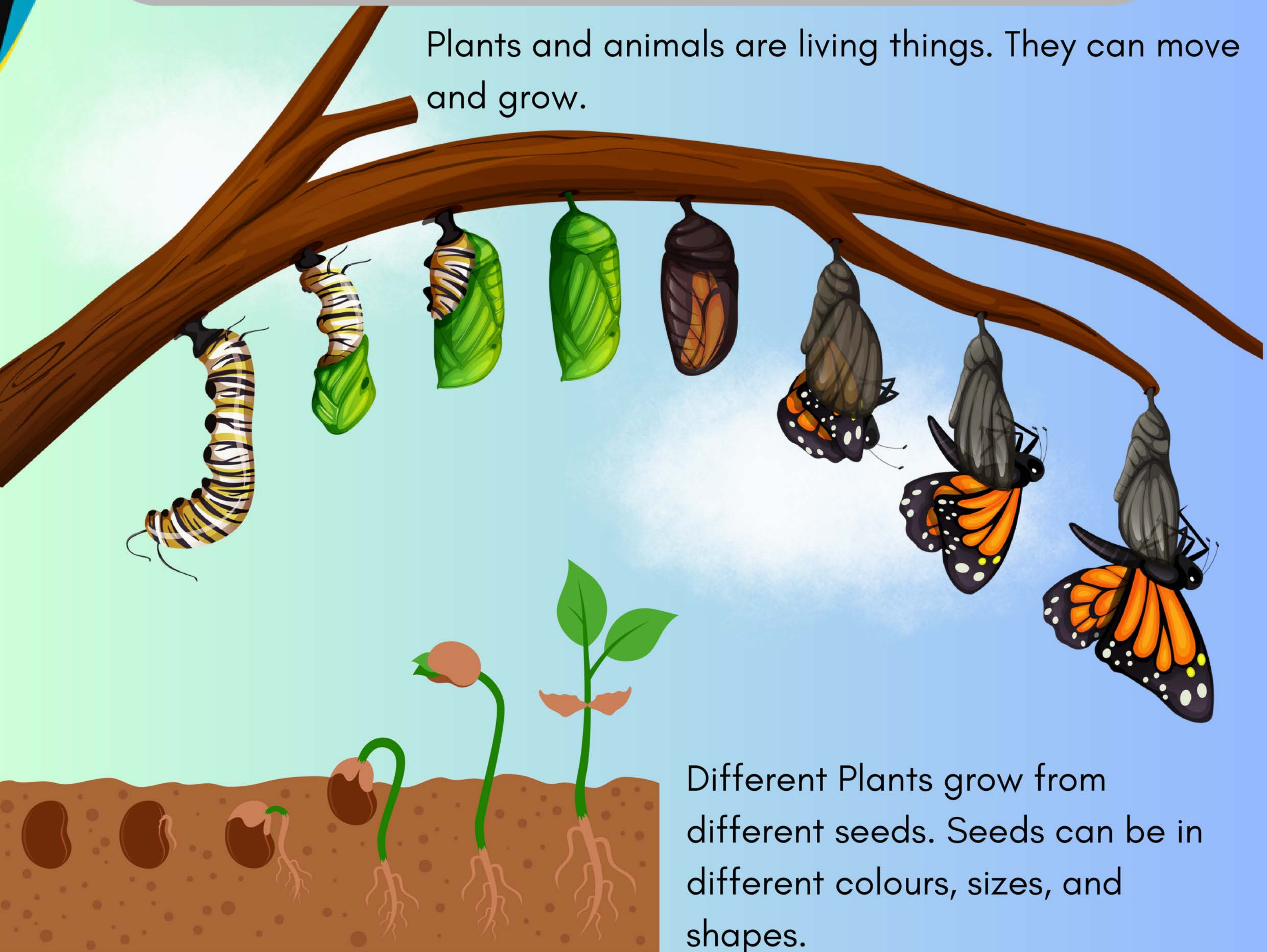
Many plants also have flowers.





# Living Things Move and Grow

Plants and animals are living things. They can move and grow.



Different Plants grow from different seeds. Seeds can be in different colours, sizes, and shapes.

Animals can move. Some animals, like dogs and cats, can walk and run. Frogs can hop. Fish swim, and some birds can fly.







# Habitats

A place where an animal lives is called a **habitat**. Animals find habitats where they can meet their needs.

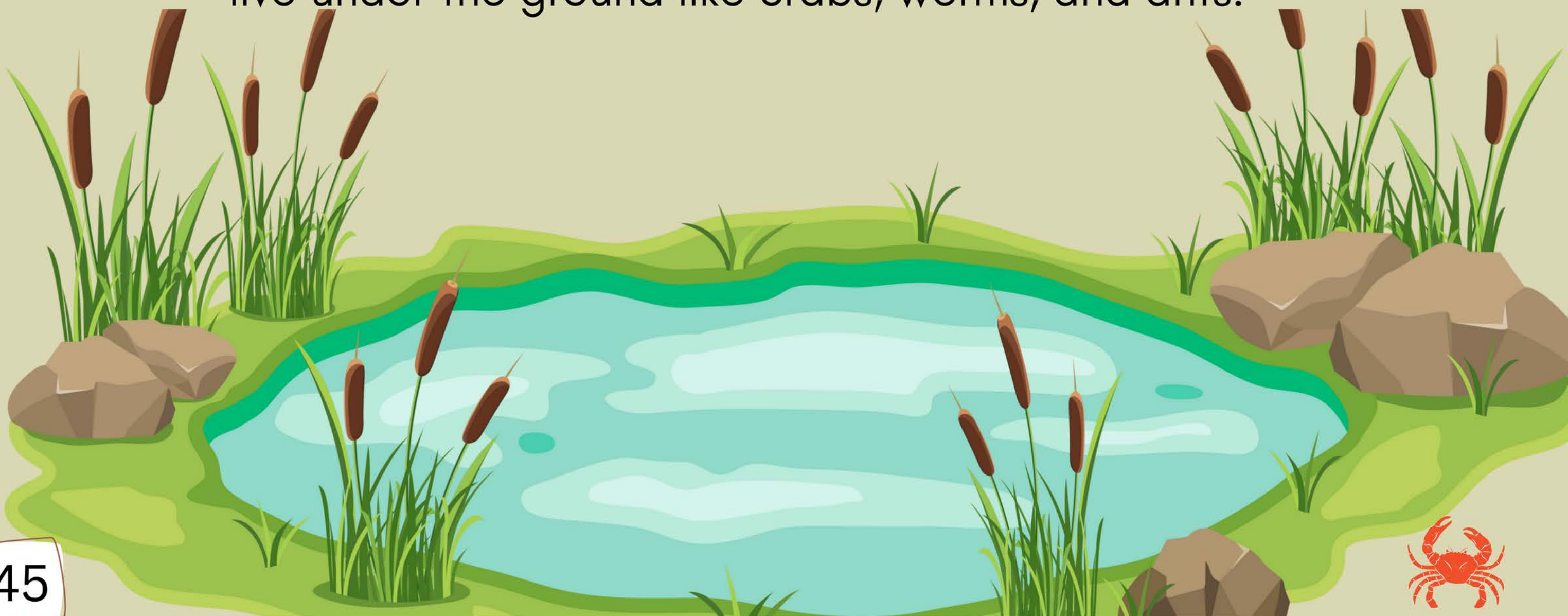


Animals get food, water and shelter from their habitats. Some examples of habitats are forest, ocean, ponds, or garden. Animals can live on land like dogs and lizards.



They can live in water like turtles and fish.

Animals can even live in trees like birds. Animals can also live under the ground like crabs, worms, and ants.





Sometimes humans blend well with the natural environment that includes the fresh, clean air, water and sunshine, by creating parks, walking trails and green spaces for recreation and physical activity.



Sometimes humans can have negative effects on the living and nonliving things around them. Air pollution and climate change can harm water quality and wildlife habitats. Vehicles can cause air pollution. People that participate in over foresting and overfishing can reduce trees and fish.



Living and nonliving things all have to share the world around us. People should be careful to preserve the habitats of animals as they build and expand.

God created everything for a reason.





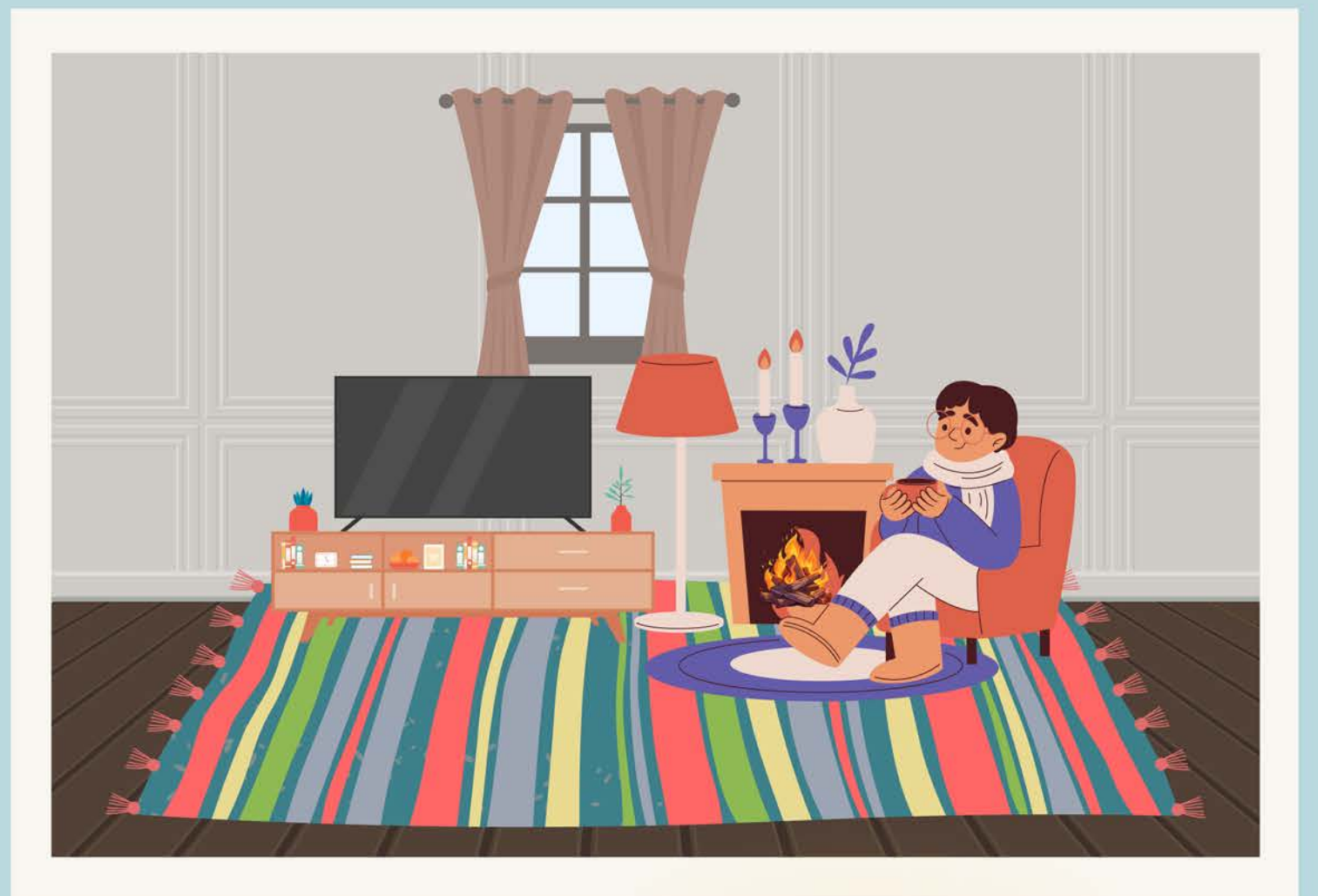


# All About Energy



Energy is the ability to do work. It is needed to change things and to make them move. A source is a place where something comes from. Three sources of energy are the sun, wind, and water. Energy is used all around us every day. There are many uses of energy.

Energy is used to make cars move. It is used to make fires, fly kites, and even used to watch television.



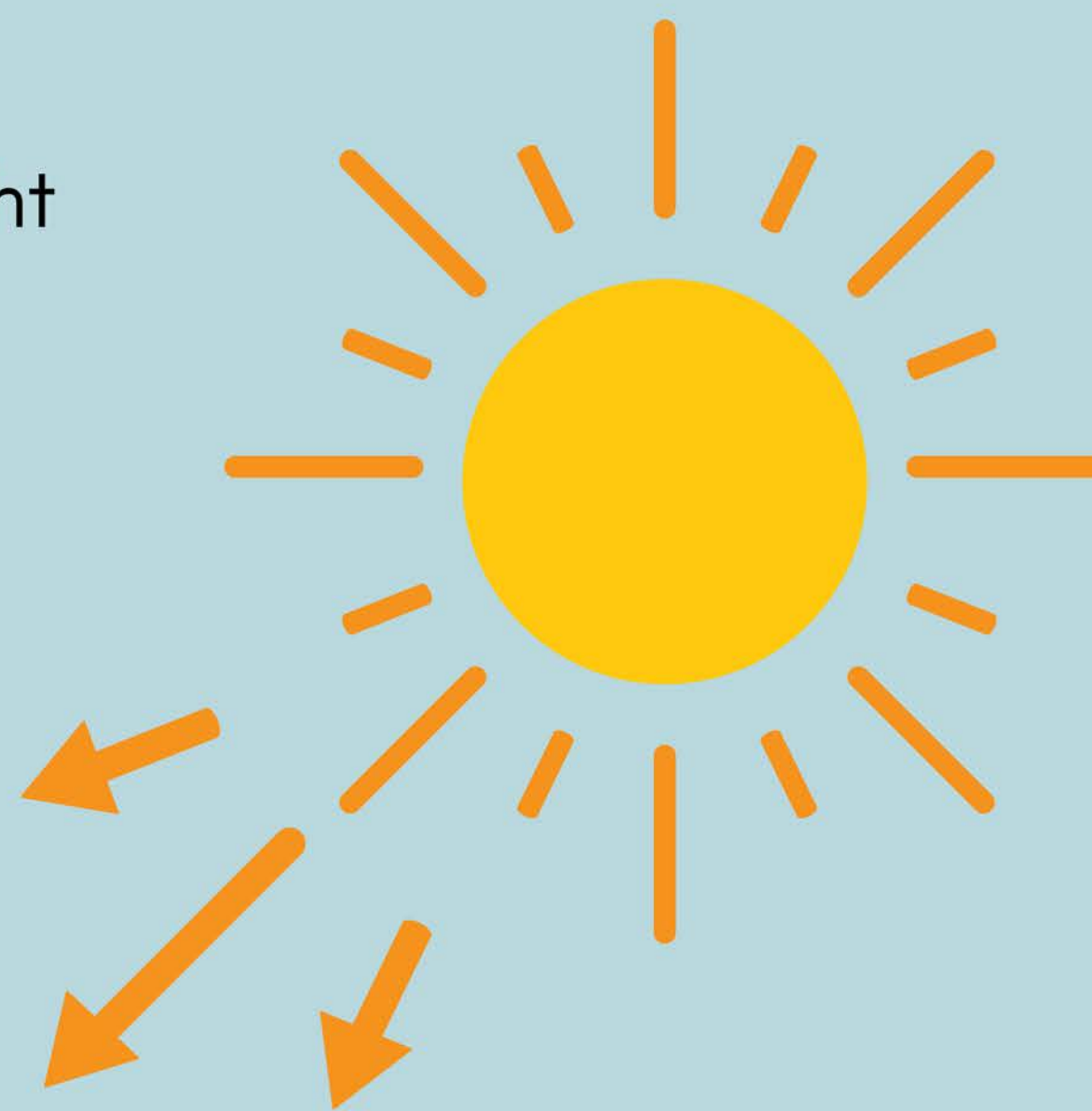
The sun is the most important source of energy for the earth. Energy from the sun is called solar energy.



Energy comes in the form of light and heat. Heat energy can be used for several things, including cooking, ironing, baking, and changing water into steam. Almost all the heat energy we receive on earth comes from the sun



The sun also provides light energy. Light is a form of energy that you can see.



People use light in many ways. At home, you use a lamp to read.



Moving air is wind. Wind energy can be changed into electricity using a windmill or wind turbine. People also use air to make things fly, like kites, airplanes, and hot air balloons.



Water is one of the most important substances on earth. People can also use the energy of moving water. They use moving water to make electricity at a power plant.



The Bahamas has a warm climate, which makes the sun and wind easy to use to produce energy. Using the sun and wind for energy is good for the environment and does not pollute the air.





# The Bible: A Spiritual Magnet

The Bible is the Word of God (Heb. 4:12a). God used special men to write the Bible. He spoke to them and guided their thoughts as they wrote the Bible (2 Tim. 3:16a).

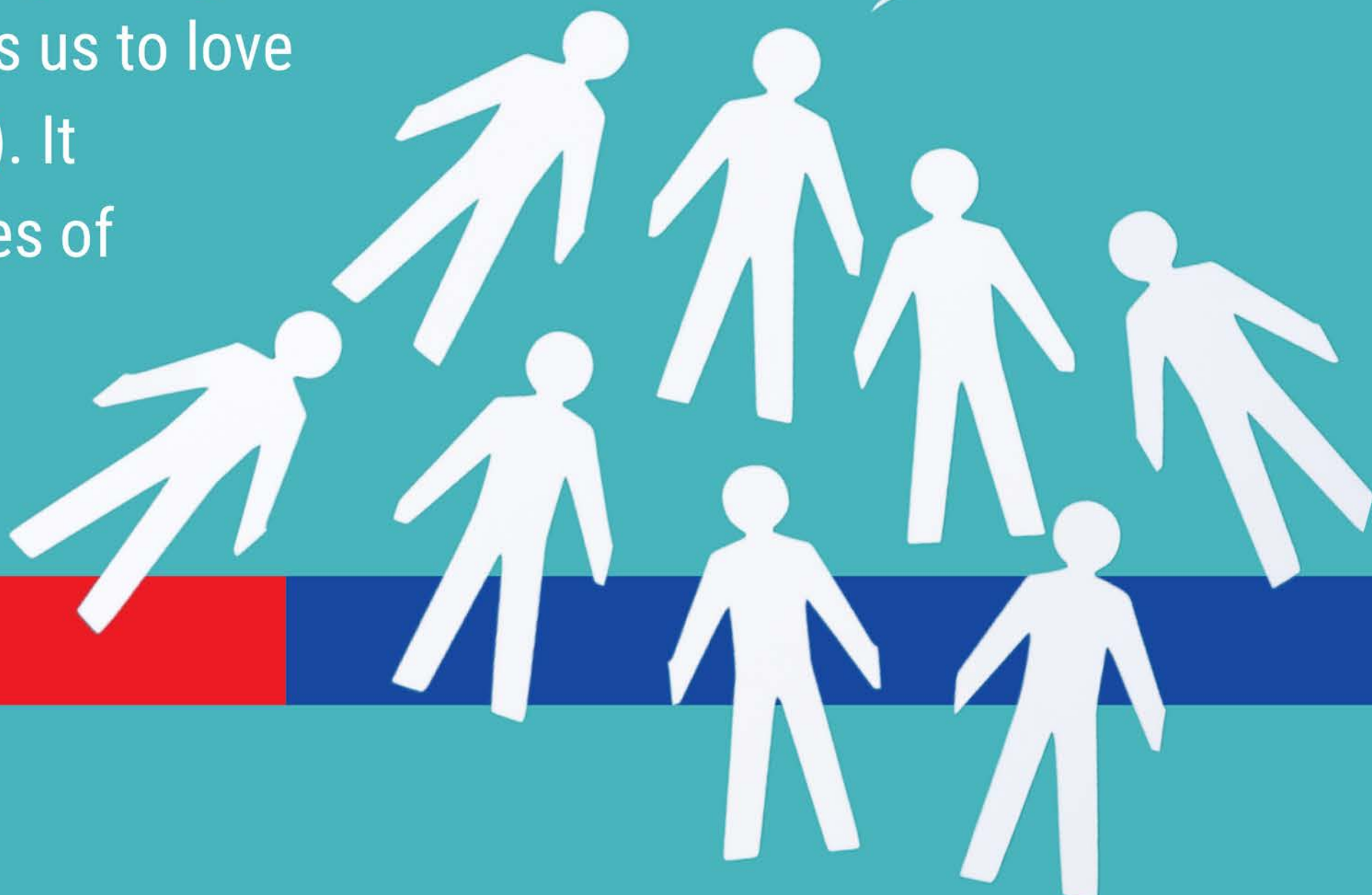
The Bible is different from other books in the following ways:

- It is God's Word;
- It teaches us how to love God and others; and
- God's Word is true (John 17:17b).



The Bible tells us stories about God and His love for His children. These stories help us to have faith in God. Every time we read Bible stories and scriptures our faith grows stronger. The Bible is a guide to the way Christians live.

The Bible is similar to a magnet. Magnets can push or pull certain metal objects. The Bible pushes us to live in a godly way. It pulls us away from living in a way that is displeasing to God. It is like a lamp to brighten our way and a light to guide us (Ps. 119:105). The Bible teaches us to love God and others (Matt 22: 37-39). It provides teachings and examples of right and wrong living and what happens as a result of our actions.





Magnets have a north pole and a south pole. A pole is the place on a magnet that has the strongest pull.



Like magnets, the Bible has two sections, an Old Testament and a New Testament. The Old Testament has thirty-nine (39) books, including Genesis, Exodus, Isaiah, Daniel, and Psalms. It has stories about God and the Children of Israel.



The magnets also reveals promises that Jesus would come to Earth. The New Testament has twenty-seven (27) books, including Matthew, Mark, Acts, and Ephesians. It also has stories about Jesus, His birth, death, and resurrection, and the Christian church. The New Testament has stories about Jesus, His birth, death, and resurrection, and the Christian church.

With magnets, opposite poles attract each other. Attract means to pull toward. Like poles repel each other. Repel means to push away. Some objects that magnets will attract are paper clips, metal keys, and screws.



Do you know that the Bible is the best-selling book in the world? The Bible, with its sixty-six books, when read and applied to our everyday life, helps to pull us into a closer relationship with God. The stories and characters in the Old and New Testament, like Noah, Esther, Peter, and Paul, also attract many people to buy and read the Bible.







# Giving Thanks and Prayer



People celebrate special days for different reasons. They come together with their families and give thanks. It is important to give thanks for kindness shown to you and the good things that have happened to you.

Harvest is a special time for Christians to thank God for food and gifts. In November, churches and schools have special services for Thanksgiving. People bring food to share with others.

happy  
harvest



The Bible tells us to give thanks in many different verses.

Psalms 107:1 states that we must give thanks unto God, for His love endures forever. First Thessalonians 5:18 states that we must give thanks in all circumstances. Philippians 4:6 states that we must pray and give thanks in all things.





We can show our thanks to God by praying. Prayer is talking to God. God listens to us and answers our prayers. We can ask God for what we need and say sorry for our mistakes. When we pray, we can also listen to what God wants to tell us. Sometimes, God speaks to us in a quiet voice.



There are special prayers that we can learn, like the Lord's Prayer and Thank You for the World So Sweet. Jesus taught the Lord's Prayer to His disciples. It teaches us how to honor God, ask for what we need, and say sorry. Thank You for the World So Sweet is a prayer we say before we eat.







# It's Christmas Time

Holidays are special days used to remember a special event that happened long ago. Schools and workplaces are closed on these days. Some holidays are called religious holidays.



Christmas is a religious holiday celebrated in December to remind us of the birth of Jesus Christ. Most Christians in The Bahamas and around the world attend special church services.



Christmas is the celebration of the birth of Jesus Christ. At Christmas, we honor God for sending His only begotten Son to earth so that those who believe in Him can have eternal life (John 3:16). We celebrate the love, joy, and peace Jesus brought to the world.



Many important events happened when Jesus Christ was born. Jesus' earthly parents, Joseph and Mary, went to Bethlehem for a census.



Jesus was born there in a stable. The angels told the shepherds that Jesus was born. They found Baby Jesus in the stable and worshipped Him. Three wise men visited Jesus later.

Christmas is a celebration of God's love for mankind as revealed in His son Jesus Christ. Jesus came to show us love so that we can share His love with others. Christmas is a wonderful time to share love with others in the following ways:

- ✓ Tell someone about Jesus' birth and God's love for us.
- ✓ Share a gift with someone less fortunate.
- ✓ Share a warm hug with someone.
- ✓ Spend time with the elderly.

**Christmas Day** is celebrated on December 25th.

**Boxing Day** is celebrated on December 26th.







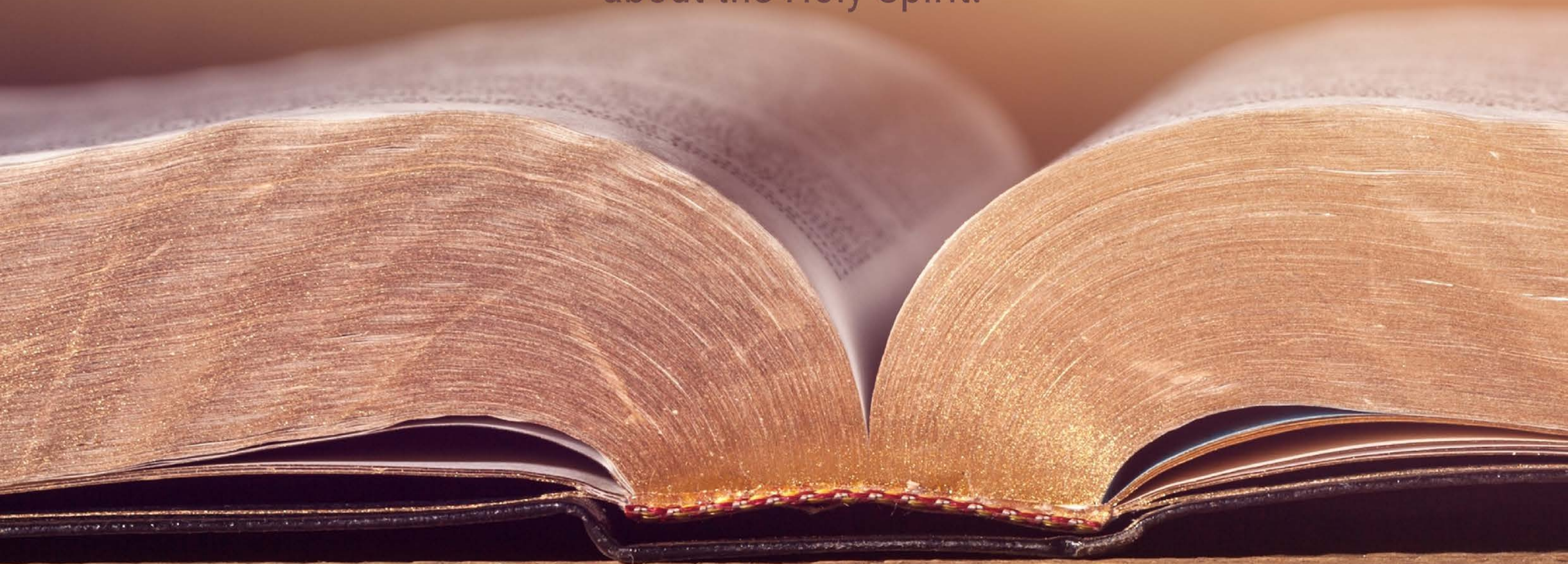
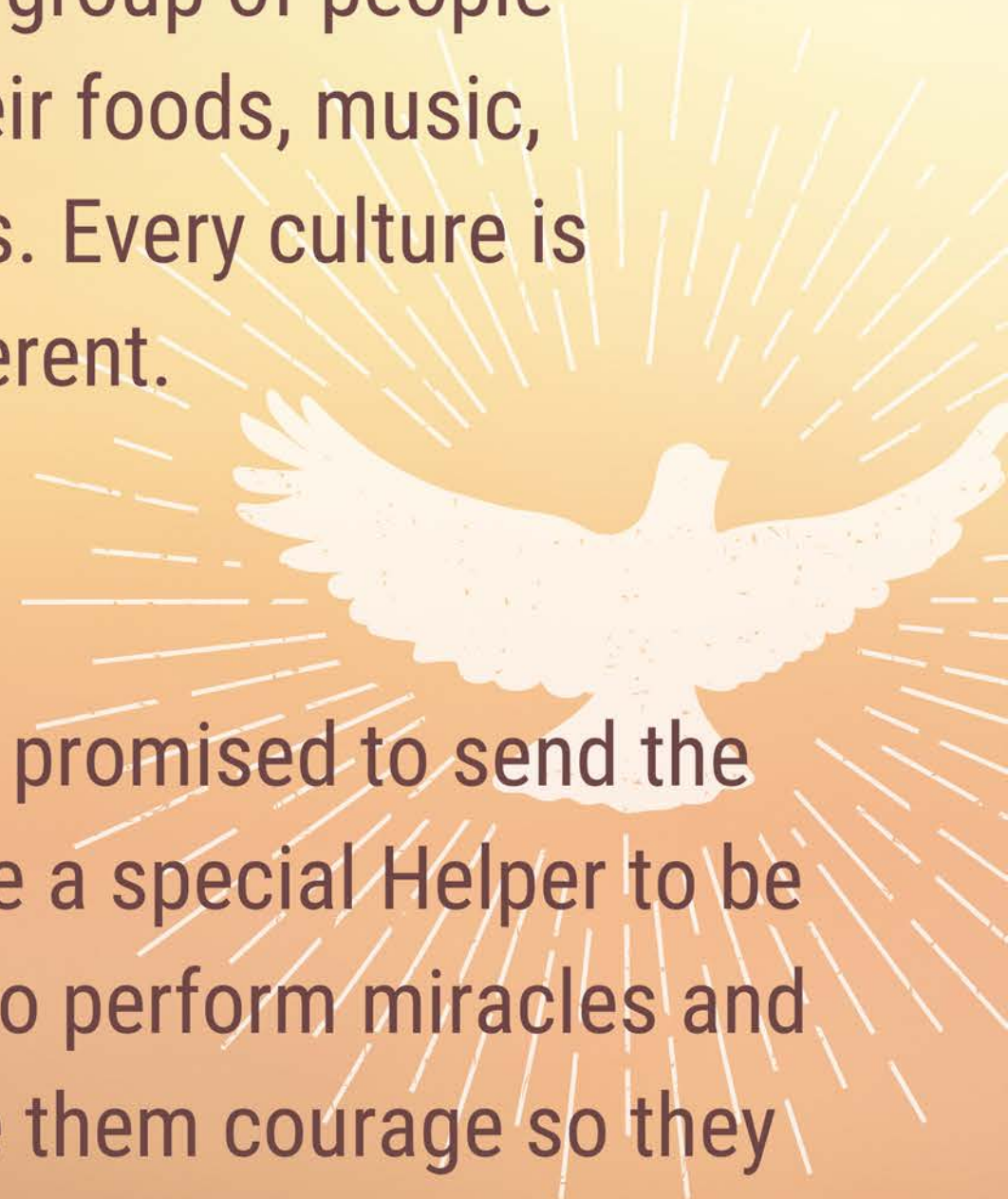
# Culture and the Bible

Many cultural practices are connected to Christian celebrations based on Biblical events. Easter, Christmas and Pentecost or Whitsun are all celebrated here in the Bahamian culture.

Culture refers to the way a group of people act/ behave. It includes their foods, music, language, sports and beliefs. Every culture is unique and different.



When Jesus Christ was going back to heaven, He promised to send the Holy Spirit to his disciples. He wanted them to have a special Helper to be with them. The Holy Spirit would give them power to perform miracles and tell others about Jesus. The Holy Spirit would give them courage so they would not be afraid. During Pentecost, children go to church to learn about the Holy Spirit.





Here in The Bahamas, on Good Friday, we attend church in dark colors because of Jesus' death. We eat hot cross buns and fried fish.



On Easter Sunday, we dress in bright colors to celebrate new life and Jesus' resurrection. Children enjoy many events during Easter, like picnics, Easter egg hunts, Easter break, and receiving Easter baskets.



Pentecost/Whitsun is celebrated fifty days after Easter. It is a festival held in celebration of the outpouring of the Holy Spirit on the disciples in Jerusalem. Jesus' disciples were in Jerusalem for the Feast of Pentecost when the Holy Spirit came. The disciples heard a sound from heaven like a strong wind. The Holy Spirit appeared as tongues of fire on each of the disciples. They all spoke in tongues or languages they did not know or had not learned.







Culturally, Christmas is an active time of year. At Christmas, we eat ham and turkey, buy new clothes, exchange gifts, and decorate our houses.



During Christmas, children enjoy participating in plays or programs at church, opening gifts, singing carols, attending family gatherings, and going to the carnival.



Whether it is Easter, Pentecost/Whitsun, or Christmas, children enjoy being on holiday and spending time with family members





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